



What's on

Your guide to activities, clubs and events in the borough

See centre pages



Waltham Forest NEWS

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Issue 111 17 March 2014

Waltham Forest wins!

£30million has been secured for improvements from the Mayor of London's cycling fund

Cycling in the borough will soon become a whole lot easier after the announcement that Waltham Forest Council has secured a multi-million pound investment from the Greater London Authority (GLA).

Outer London boroughs were invited to apply for funding from the Mayor of London's 'mini-Hollands' programme last year, and were able to bid for a share of £100million set aside specifically for cycling. Waltham Forest is one of just three boroughs to be selected for full mini-Holland status.

"This is absolutely brilliant news," said Cllr Clyde Loakes, Deputy Leader and Cabinet Member for Environment. "This was money specifically set aside for cycling by the Mayor, so the fact we have been selected is a massive boost for Waltham Forest and will make a huge difference to the borough.

"It will mean tens of millions of pounds being spent on an innovative array of schemes that will see the borough's roads transformed to make them more cycle-friendly.

"Obviously cyclists will be the primary beneficiaries, but an investment of this size will also mean significant improvements in the public realm and a major investment in the local economy leading to growth and jobs for residents."

Changes will include a semi-segregated Superhighway route along Lea Bridge Road and a Dutch style roundabout at Whipps Cross. It has also been announced that a new quietway from Bloomsbury in central London to Walthamstow will be built. It will be the first of two new quietway routes in London that will see direct and continuous routes on low-traffic back streets open later this year.

More info

If you would like to read the Council's successful mini Holland bid application, which outlines the plans for the borough, visit www.walthamforest.gov.uk.

Free internet access is available at libraries in the borough.

Pirate ship sails into park

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Children from Riverley Primary School, St Joseph's Junior School and Willow Brook Primary School helped Council Leader Chris Robbins officially open a magnificent new pirate ship at Leyton Jubilee Park



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Getting you growing



Cllr Clyde Loakes, and Maureen Schiffer, organiser of Cultivate's Food-a-Fair event, are encouraging residents to grow their own food. Photo by Nicola Tree

If you've always wanted to try growing your own fruit and veg, but didn't know where to start, then Waltham Forest's urban food growing festival is just what you've been waiting for.

Running from Friday 21 to Sunday 30 March, the Cultivate

festival includes more than 50 events and activities, with everything from seed swaps and herb foraging to supper clubs and chilli growing challenges.

The festival begins with the Grow Waltham Forest Conference at Leytonstone Library (6 Church

Lane, E11 1HG) on Friday 21 March. Cllr Clyde Loakes, Deputy Leader and Cabinet Member for Environment, and Rosie Boycott, Chair of the London Food Board, will open the event at 1pm and there will be talks and workshops for residents, businesses and

■ Waltham Forest's first urban food growing festival begins on Friday 21 March

■ You could win an allotment plot to help you grow your own

organisations who are already growing food locally or who want to get involved.

If you need practical advice, you can attend the Gardeners Q&A at The Great Hall (Adelaide Road, E10 5NN) on Thursday 27 March. You'll meet a panel of experts from OrganicLea and Transition Leytonstone who'll be on hand to answer questions and help you get the most from your growing space.

Waltham Forest's allotments team are also offering residents the chance to win an allotment plot and pay no rent for the first year. To enter the competition you must attend at least three of eight

specially selected events taking place during Cultivate and have your event programme stamped each time. A prize draw will then take place at the Organiclea Open Day on Sunday 30 March.

So whether you have an allotment, garden, balcony or window box, why not go along to one of the events and see if you can start growing your own produce this year?

More info

Visit www.cultivatewf.org. Free internet access is available at all libraries in the borough.

In my opinion



Tom Wright

Waltham Forest Friends of the Earth

I've always tried to get involved in my community. But when I pitched my idea of planting wildflowers in local parks to other residents at my local Community Ward Forum, the reaction wasn't what I was expecting. I was told in no uncertain terms that the amount I was asking for wasn't acceptable. They thought I should double it!

I made the pitch for Community Ward Forum funding because in the last few years I've learnt a lot about bees. I used to think they were just yellow and black striped insects that made honey

and could sting you. I had no idea just how much we rely on the humble bee for so many things. But being part of a local community group interested in all things environmental, I've come to appreciate bees in lots of ways.

Since Waltham Forest Friends of the Earth began our Bee Cause campaign I've discovered there are 254 species of wild bumblebee and solitary bee in the UK – not all of which make honey. I've learnt that without bees it would cost British farmers £1.8 billion every year to hand-pollinate their crops. But most of all I've realised that our bees are

dying out fast and they need our help.

One of the reasons why bees are struggling is loss of habitat. We've lost a huge amount of our wildflower-rich meadows. So Waltham Forest Friends of the Earth have been doing our bit to reverse that trend. We've given away hundreds of packets of bee-friendly seeds to residents to get wildflowers springing up in window boxes, gardens and allotments.

On Saturday 29 March we're going one step further and creating a 600 square metre 'Bee World' at Kitchener Park, Walthamstow. Thanks to the

Community Ward Forum funding we'll be transforming two grassed areas into glorious wildflower meadows, full of long-lasting and beautiful flowers. We'd love to see you there. It's a great opportunity to provide vital habitat for our beleaguered bees and have some fun too. Join us to scatter the seeds, get your face painted, take the bee quiz and have your photo taken with our giant bee.

That it's happening is a testament to the residents of Chapel End ward. And thanks to them I have enough funding to plant a wildflower meadow in Lloyd Park too. We'll be there on Saturday 26 April – I hope you can join us.

To find out more about Waltham Forest Friends of the Earth visit www.foe.co.uk/walthamforest.

Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 300 words; Waltham Forest News wants to hear from you. Email the Editor at: walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.

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Waltham Forest News

Editor: Jenny England

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews@walthamforest.gov.uk or phone 020 8496 3000.

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Setting Waltham Forest's budget

- Budget for 2014/15 approved at a meeting of the Full Council
- Money to be prioritised in services residents value most



Waltham Forest's Budget and Council Tax rates for 2014/ 15 were formally approved at a meeting of the Full Council at Waltham Forest Town Hall on Thursday 6 March.

Leader of the Council, Chris Robbins, reiterated the Council's priorities for the coming year as he set out the budget and talked about how money will be spent on the services residents have said they value the most.

Council Tax rates will remain frozen in Waltham Forest in 2014/15 and the Leader also gave a commitment that they would remain frozen in 2015/16 as well. He also spoke about work to strengthen the borough's communities, to improve community safety and build opportunities for economic growth.

Chris Robbins told Waltham Forest News: "Since January 2013 there's been fantastic progress in meeting residents' number one priority – the regeneration of our borough. We're well on the way to delivering £160million of improvements to create better high streets, leisure facilities and schools in the borough.

"Now it's up to the Council to continue delivering the vital services our residents rely on, and to continue making Waltham Forest a thriving place to help everyone through continuing tough times.

"We will focus on meeting residents' priorities, while facing future budget reductions which are expected to amount to some £45million in the next two years."

Community safety

More than £3million has already been invested in the borough's award-winning anti-gangs programme 'Enough is Enough' since it began in 2011.

In the second year of the programme, between 2012/13, Waltham Forest saw the largest reduction in gang violence among 10-19 year olds anywhere in London. And while gang violence involving school children rose slightly across London during that year, it fell by more than half in Waltham Forest according to figures released by the Metropolitan Police.

At the budget meeting it was confirmed that the Council will renew the programme for a further three years and invest another £1million in the scheme, while exploring other sources of funding.

This investment follows the good news the borough had last year, when Waltham Forest's long-fought campaign for a fairer number of police officers for our borough bore fruit.

In January this year, an extra 119 police officers started working in Waltham Forest after The Met allocated the borough the highest number of extra officers in London.

Better schools

Last year 52 local primary schools were improved, expanded or refurbished, which included work to provide much-needed primary school places ready for the new intake of pupils in September.

Woodside, George Tomlinson, St Mary's, Gwyn Jones, Parkside and Newport Primary Schools all underwent major expansion work to accommodate an increase in demand for primary school places and improve school buildings.

As part of the secondary school programme pupils at Leytonstone Secondary School will see their buildings refurbished, while Willowfield Secondary School will be relocated and rebuilt and two additional forms of entry will be added to accommodate more pupils.

A total of £137million has been allocated for Waltham Forest's School Capital Programme between now and the 2016/17 financial year.

Over 30 schools will also receive a subsidy as part of the Breakfast Club scheme. The scheme, which is currently for Reception and Year 7 pupils, will also be made available to pupils in Year 1 from April. Almost 9,000 local children will be eligible to receive a subsidised school breakfast to give them the right start to the day.

Leisure and parks

Giving local people access to better leisure opportunities is a theme that will continue during 2014 and 2015.

Last year over 100,000 residents attended the Council's summer-long series of free events that saw weekends crammed with music, sport, films and carnivals.

The programme will continue in 2014, offering residents the chance to come together and enjoy quality free events with friends, family and neighbours.

Leisure centres are also being transformed into first rate facilities

thanks to a partnership between Waltham Forest Council and leisure provider, Better, that has seen £24million of investment so far.

The new-look Leyton Leisure Centre opened its doors to the public last October following a major £3.5million refurbishment. Since then visitor numbers have increased considerably. Between 28 October 2013 and 28 February 2014 52,558 people swam at Leyton Leisure Centre – compared to 30,410 people who swam between 1 October 2012 and 3 February 2013. Formerly known as Leyton Leisure Lagoon, the centre was completely overhauled in an eight month refurbishment.

Walthamstow Leisure Centre and Chingford Leisure Centre have also been improved, while Cathall Leisure Centre will reopen as Leytonstone Leisure Centre when refurbishment ends this summer. Waltham Forest Pool and Track will be closed in the autumn so that the centre can be completely rebuilt.

Finally, 32 of the borough's parks and playgrounds have so far received a share of £5.8million to create exciting play and sports facilities and make environmental enhancements that will benefit all. Improvements range from brand new quality play equipment and state-of-the-art synthetic sports pitches that allow for year-round use.

Economic growth

During summer 2013 the borough set up an independent Growth Commission to explore ways to attract investment, support business and create thriving communities in Waltham Forest.

The commission was headed up by Prof Tony Travers from the London School of Economics. Residents were invited to have their say on the subject during the summer and more than 1,700 responses were received. The Commission has recently reported its findings to the Council, providing a blueprint for growth in the borough which will be available to residents in the coming weeks. Keep an eye out for future editions of Waltham Forest News to find out more.

More info

Agendas and minutes of all Council meetings and committees can be found on the Council's website. Visit www.walthamforest.gov.uk or phone Democratic Services on 020 8496 3000. You can find out how the Council spends its money by visiting www.walthamforest.gov.uk/your-money.

In brief



Commonwealth Day

Councillors and Council staff joined Mayor of Waltham Forest, Cllr Nadeem Ali, to mark Commonwealth Day on Monday 10 March. The Commonwealth Flag was raised outside Waltham Forest Town Hall and flew throughout the day. The ceremony came as part of an attempt to have a record number of Commonwealth Flags flown across the UK and beyond, which was called 'Fly a Flag for the Commonwealth'. The flag will also be flown outside the Town Hall to mark the start and end of the Glasgow 2014 Commonwealth Games which begin in July.

• For more information visit www.commonwealththeme.org. Free internet access is available at all libraries in the borough.

Bakers Arms

Residents are being invited to an event to celebrate the unveiling of Waltham Forest's newest public square at the Bakers Arms on Wednesday 26 March between 3pm and 6pm. The newly refurbished public square at the junction of Hoe Street and Lea Bridge Road comes as part of high street improvements that have transformed the Bakers Arms over recent months. The square will play host to two live bands, a magician and a caricaturist.

• The 'Creating a better place to live' campaign is committed to improving the borough's streets and attracting better shops and leisure facilities. Visit www.walthamforest.gov.uk/betterplace for more information.

4 Priorities

Enjoying life and learning skills

Waltham Forest has four key priorities to help improve the lives of residents. In this edition we look at what is being done to help older residents live happy, healthy and dignified lives.



Barry Bastick shows Cllr Angie Bean how to use the DJ-ing equipment at the i can in Waltham Forest event



Laidlow George Holness looks at a range of images to help trigger memories



Members of the Waltham Forest Pensioners Convention present the Dignity Code to Cllr Angie Bean, Cabinet Member for Adults Services, Council Leader Chris Robbins, Chief Executive Martin Esom and senior Council staff

There's no denying that as people live longer lives, the types of services they need are changing. And as more is discovered about conditions typically associated with older age, including dementia and Alzheimer's disease, Waltham Forest Council is taking a fresh approach to some of the services it provides to residents.

i can

Once upon a time, DJ decks, laptops and sound docks might not have been the equipment of choice for anyone over a certain age.

But thanks to a number of innovative Council projects, older residents and people with learning disabilities are skypeing, facebooking and connecting with technology to rediscover old memories, bond with their families and gain skills for employment.

Last month, the Council showcased some of this work to over 200 people including residents, carers and volunteers, at a special event called 'i can in Waltham Forest'.

"It's amazing how a little bit of

imagination can transform people's lives, especially older residents who might have dementia or memory loss," said Cllr Angie Bean, Cabinet Member for Adults Services.

"Something as simple as a docking station can help an older person with a hearing impairment communicate with their relatives by phone, and technology can help people express themselves if they have a condition that makes it hard for them to communicate in more conventional ways."

Grace Chandler, who at the tender age of 103 has become an internet sensation with support from the Council, officially opened the event via Skype, from the comfort of her chair in a local care home. Regular readers of Waltham Forest News may remember Grace's story from a few months ago – after learning the art of video production she has generated viral success with 80,000 likes for her videos on Facebook and 1,000 retweets on Twitter, and is now making a series of online knitting videos.

At the event, care workers and older residents described how multimedia can bring families back

together, and a video showed an elderly gentleman called Clinton re-connecting with his daughter in Trinidad via Skype, after years of little contact. Another showed how something as simple as a pair of headphones can help an elderly person re-discover their youth by dancing and throwing shapes to their favourite Elvis song.

But the loudest attraction was a music project run by the Council's Markhouse Road day centre, which has been teaching adults with learning disabilities how to mix music so they can improve their employment prospects and pursue their dream career as a DJ.

Cllr Bean added: "From internet sensations like Grace to people who have simply re-connected with the music of their youth, we've seen technology put a smile back on lots of people's faces and bring families back together."

Living with dignity

As well as using modern technology to benefit residents' lives, the Council still offers more conventional services including advice with home adaptations and

residential care when it's needed. Recognising that placing a loved one in residential care can be one of the most difficult decisions people ever have to make, the Council officially adopted a Dignity Code last week, championing the rights of older people, to reassure residents that staff uphold the highest standards of care.

"Formally adopting the Code is confirmation of what we're already doing to support our older residents to live with dignity, whatever their circumstances," said Cllr Angie Bean.

"It's really important, especially as people are living longer lives, that we continue to empower older people to have a voice, whether they're at home or being cared for."

And this attention to care was commented on recently, in a letter sent to the Council by the son of a resident placed in a local nursing home after suffering a stroke and spending four months in hospital.

"I was ably guided and given extremely useful advice," he said, complimenting the "professional, compassionate and efficient service" provided by the Council's

social workers.... "during what was a traumatic and distressing time for us."

The Dignity Code is a national initiative launched by the National Pensioners Convention which recognises that certain practices are unacceptable in the treatment of older people including abuse and disrespect. Brought to the Council by the Waltham Forest Pensioners Convention, the code calls for a number of measures such as the provision of advocacy services and care to be adapted to the needs of the individual.

More info

For more information, including a range of free leaflets on Council services for adults, visit www.walthamforest.gov.uk or call 020 8496 3000. For more information about the 'i can in Waltham Forest' event contact Gill McDermott on 07905 985 370 or email gill.mcdermott@walthamforest.gov.uk. For more information on the Waltham Forest Pensioners Convention visit www.ucu-retired-london.org.uk/waltham-forest/

What you say

Residents tell Waltham Forest News what they think about the Council's work to provide innovative services for older people



Kathleen Sidie, North Chingford



Terrence Harrigan, Chingford Mount



Yuta Shah, Chingford



Norman and Marion Watson, Chingford



Dennis Daniels, Chingford

"I do use some Council services aimed at older people, and I think they are useful and appreciated by a lot of people. The best way to receive more information about them would be to have a regular leaflet delivered with Waltham Forest News. I think the i can project sounds a good idea to help the elderly, if there is money to spare."

"I can use a PC, but I think most people my age don't, and prefer to have their family to help them. I think we should make sure older residents are having all their needs met. Technology is always welcome, as long as people's basic needs are being taken care of."

"I have been on the Council website, such as when I've been looking at children's services, and find it quite accessible. I'd be confident that if I needed to access information for an elderly relative or neighbour I'd find it on the Council site. But I think sight might be a factor as people get older, as phones and keypads often have tiny keys. Technology these days can be very scaled-down and difficult for older people to use, so finding ways to help them is good as long as there is proper support available."

Norman – "My aunt lived in a care home which was brilliant so my experience of them is good. I think having the Dignity Code to ensure proper treatment of older people is universal is a good idea. I know some care homes play music from older people's younger days to help them remember the past, so the i can scheme is a great idea."

Marion – "In care homes, I think the residents should always have the right to privacy if they need it, so the fact the Dignity Code has been set up is very good."

"I find there are good services at the Council, going on people's experiences of living in other boroughs. The i can project sounds like a good idea, but technology wasn't used as much when I was young."

Priority: Helping you and your family

Commitment:

- Not raise council tax and will continue to fund the freedom pass
- Make sure you have access to training and education that helps you get a job whatever your age
- Support schools so that they can deliver a high quality education for our young people in decent buildings
- Work with the community to keep vulnerable adults and children safe

Priority: Making our community a safer place

Priority: Keeping our borough clean

Priority: Bringing you better shopping, streets and leisure

NAME
&
SHAMEDON'T
MESS
WITH
WALTHAM
FOREST

Waltham Forest Council is committed to cleaning up the borough and wiping out enviro-crime. We will be taking tough action against those people who continue to blight our borough, and will name and shame the people we catch.

Last summer the Council caught Kevin Watts of Louis Drive West, Rayleigh, Essex, transporting waste on 22 June. Mr Watts failed to produce a Waste Carrier Licence upon request by Council officers and was accordingly brought before Thames Magistrates' Court on Friday 21 February.

The Magistrates subsequently fined Mr Watts £500, ordered him to pay costs of £460 and a Victim Surcharge of £50, leaving him with a total bill of £1,010 to pay.

Zlatin Hristov of Tiverton Road, Tottenham, failed to produce a valid Waste Carrier Licence when caught on 27 June 2013. He presented himself to Thames Magistrates' Court on Friday 21 February and escaped marginally lighter with a total of £970 to pay made up of a £500 fine, a £50 Victim Surcharge and costs of £420.

"It is the sort of offence many residents probably wouldn't even know existed or think twice about," said Cllr Clyde Loakes, Deputy Leader and Cabinet Member for Environment.

"However, it's really important our Enforcement Officers are checking this sort of thing and ensuring anyone transporting waste in the borough has the necessary paperwork in order.

"We have worked really hard to hammer down fly-tipping in Waltham Forest, and over the last three years we have seen it plummet by 32 per cent. It's interesting that both of these individuals live outside the borough and also that the Magistrates have been so robust by fining each of them £500."

More info

To find out more about the Council's, 'Don't mess with Waltham Forest' campaign visit www.walthamforest.gov.uk/dontmess. Report an enviro-crime by visiting www.walthamforest.gov.uk/report-it or phone Waltham Forest Direct on 020 8496 3000.



Cllr Clyde Loakes is sending out the message loud and clear – use your bins wisely and recycle more

Yes you can recycle more

- New campaign encourages residents to step up their recycling
- Up to 70 per cent of your household waste can be recycled

'Yes you can' is the name of the new campaign launched by Waltham Forest Council as it looks to encourage residents to recycle as much of their household waste as possible.

"We're really keen to increase recycling rates even more," said Cllr Clyde Loakes, Deputy Leader and Cabinet Member for Environment.

"Residents have made some good progress over recent years, but there is still the need for some people to come at recycling from a different angle.

"People need to start seeing their green recycling bin as their main bin so that we can direct more rubbish away from black bins. General refuse collected in black bins is sent to landfill or for incineration, and that is both costly and environmentally harmful."

The message of the campaign is that 70 per cent of household waste is recyclable and that things like plastics, tin cans, glass, paper and plastic carrier bags can be put into your green recycling bin.

Likewise most food and garden waste can go directly into your

kitchen caddy and then into your brown recycling bin. Residents are being encouraged to remember to add compostable caddy liners to their shopping list to make transferring kitchen waste to the brown bin easier.

"We're pushing the message that there are lots of things that people currently don't recycle that

large items like cardboard boxes and plastic bottles, things like yoghurt pots, plastic packaging and even toilet roll tubes are forgotten or considered to be insignificant. "It's amazing how much those sorts of small items can build up in the black bin, when actually they would do much better being recycled in the green bin,"

"People need to start seeing their green recycling bin as their main bin so that we can direct more rubbish away from black bins."

they can. I think things may have moved on without people realising and so the point of 'Yes you can' is to inform residents just how much more they can do.

"So, for example, people may already be recycling cans and tins, but be unaware that most metal items can go in their green bin. Empty aerosols, foil trays, foil wrapping and metal lids are all recyclable."

The campaign also encourages residents to think about the small stuff. While it's obvious to recycle

added Cllr Loakes.

When it comes to food and garden waste, the Council is particularly keen on seeing much more material from the kitchen end up in the brown bin. Just changing your day-to-day habits can help make sure that even the less obvious food waste ends up in your kitchen caddy.

Food items that we'll never eat and need to throw away, such as egg shells, fruit and vegetable peelings and banana skins naturally suggest themselves for

recycling. But you can also put your used tea bags and coffee grounds into your kitchen caddy every time you make a drink.

Likewise, after eating a meal it's a good idea to get into the habit of emptying unwanted leftovers and plate scrapings straight into your kitchen caddy before you do the washing up. It can make a real difference to the amount you recycle.

Placing your kitchen caddy in a convenient, easy to access place – preferably a cool, dark space such as under the sink – and keeping it clean by rinsing it out regularly, keeping the lid closed and using compostable kitchen caddy liners can encourage you to use it more. Then it's just a case of transferring it to your brown bin with all your garden waste, such as grass cuttings, leaves and cut flowers from the house.

More info

To find out more about what you can recycle visit www.walthamforest.gov.uk/recycling or turn to the advert on p16.

Shipshape fun in the sun

- Fantastic wooden pirate ship docks at Leyton Jubilee Park
- The ship is officially open and ready for pirate playmates

The spectacular new pirate ship at Leyton Jubilee Park



Hundreds of local children were the first to test out Leyton Jubilee Park's newest piece of play equipment last week – a spectacular 20 metre by 13 metre wooden pirate ship.

Young swashbucklers from nearby Riverley Primary School, St Joseph's Junior School and

Willow Brook Primary School attended the ship's launch on Wednesday 12 March, when Council Leader Chris Robbins officially opened the new facility in glorious sunshine.

The ship is suitable for children aged three and up, can accommodate up to 100 'pirates' at

a time and includes slides, climbing nets, ladders and monkey bars so children can enjoy fun, active play with their friends. A balloon modeller was also on hand at the opening to give away balloon 'swords' and pirate hats to get everyone in the spirit.

"I was thrilled to see so many local children playing on the ship at the opening event."

Council Leader Chris Robbins told Waltham Forest News: "The new bridge, the pavilion, new play equipment and the outdoor gyms have all been great additions to Leyton Jubilee Park, and I'm delighted that the pirate ship has also opened well in time for the Easter holidays.

"The Council has invested £2million to turn these 34 acres of land into one of the borough's

premier parks. I was thrilled to see so many children playing on the ship at the opening event, and I hope to see thousands of local people enjoying this wonderful park for many years to come."

Work on the park began in autumn 2012 when Ive Farm and Marsh Lane Playing Field were brought together to create a new park for the borough – now known as Leyton Jubilee Park.

In the sports zone mini and junior football pitches sit next to a basketball court and a new pavilion. The play zone includes an under sevens' play area, a play area for children aged eight and over, a snake swing and an outdoor gym. There is also an area for events called the Showground and a nature area known as the Plateau.

More info

To find out more about Waltham Forest's park improvement plans visit www.walthamforest.gov.uk/betterplace or phone 020 8496 3000.

In brief



Weekly brown bin collections resume on Monday 31 March. Remember you can recycle all garden and food waste in your brown bin

Summer recycling

Over the summer months your brown recycling bin will be collected every week, rather than every fortnight as it is during winter. By making collections more frequent, the Council hopes residents should be able to recycle more food and garden waste without having to worry about it sitting around for up to two weeks. Weekly collections of food and garden waste will begin on Monday 31 March and run through to Friday 3 October, so make sure you do your bit and put all garden and food waste in your brown bin.

• To find out what goes in your brown bin visit www.walthamforest.gov.uk/recycling or turn to the advert on p16.

Waltham Forest: We call it home Photography competition

Show us what you love about living in Waltham Forest by sending us your photographs of what makes Waltham Forest home to you.

The winning image will feature in an exhibition at the award winning William Morris Gallery and in an advertising campaign promoting the borough.

The winner will also receive £100 photography voucher.

Get snapping now.

Photos can be entered into the following categories:

- Green space – parks, landscapes, tree lined streets
- Character – buildings, places of interest, people
- Way of life/lifestyle – high streets, activities, getting around
- Entrepreneurs/businesses – local businesses and the people behind them



For more information visit www.walthamforest.gov.uk/photocomp
Submit your photographs online by 12noon Monday 31 March 2014.

Free 'Dr Bike' Cycle Maintenance

Saturdays 8th, 15th, 22nd and 29th March, 10am – 4pm, at Town Square Gardens, Walthamstow

We are working to make cycling in Waltham Forest easier and safer for everyone. As part of our work we are pleased to be able to offer free 'Dr Bike' cycle maintenance sessions at Town Square Gardens each Saturday in March.

Experienced cyclists and mechanics will be on hand to check everything on your bike, from wheels, brakes, gears and tyre pressures to lights, racks, pedals, saddles and more. By the end, your bike will feel loved and cared for.

Minor adjustments are made on the spot, and for anything that Dr Bike can't fix on site the mechanic will let you know exactly what needs doing as well as a rough guide to what it should cost at a bike shop.

Dr Bike is provided by our cycle training provider, Cycle Confident, who also offer free cycle training for anyone living, working or studying in the borough, as well as a series of led rides throughout March exploring Waltham Forest, Lea Valley and Epping Forest.

To find out more visit www.cycleconfident.com/sponsors/waltham-forest or call 020 3031 6730



OUR PARKS FREE GROUP EXERCISE CLASSES



If your plans to get fit and healthy this year are already waning and you're finding yourself getting bored of visits to the gym, or pounding the pavements alone on yet another solo jog, then help is at hand.

From Monday 17 March, Waltham Forest residents, young and old, can sign-up to free group exercise classes. All fitness levels welcomed.

Simply visit WWW.OURPARKS.ORG.UK to register you and your family's details to get started. Free internet access is available at all libraries in the borough.

Each park will have ten hours of free activities taking place every week. The sessions will be led by an experienced course leader.

THE CLASSES

- Tai Chi
- Family Fitness Tennis
- Walking
- Boot Camps

THE PARKS

- Langthorne Park, Leytonstone
- Leyton Jubilee Park, Leyton
- Lloyd Park, Walthamstow
- Ridgeway Park, Chingford



W: WWW.OURPARKS.ORG.UK
E: GETFITNOW@OURPARKS.ORG.UK



Walthamstow



Members of WF LETS enjoy a herb foraging walk on Walthamstow Marshes

LETS get trading!

- **Waltham Forest LETS offers residents the chance to trade goods and services without using money**
- **Sign up and see if you can contribute to the community and make new friends**

During recent years many of us have been thinking of new ways to tighten our belts and save money as we continue to feel the financial pinch. But how can we spend less without simply staying at home and becoming more isolated?

The answer could be to join a burgeoning community group that offers a way to save money, while at the same helping to boost community links and creating an alternative local economy.

Waltham Forest Local Exchange Trading System (WF LETS) is a not-for-profit community enterprise that allows residents to trade goods and services without using money. The group has existed in Waltham Forest for more than 20 years, but the committee say that the scheme has grown especially quickly over the last two years. There are now more than 200 regularly trading members.

Members exchange goods and

services using the currency of locally created LETS credits, which in Waltham Forest are called 'Beams' – a reference to the Hornbeam tree. People offer each other services and goods such as DIY, music lessons, alternative therapies, gardening, loan of tools and equipment, computing, cooking, giving lifts, allotment vegetables, dog walking, childcare and much more.

Chair of WF LETS, Rasheeqa Ahmad, told Waltham Forest News: "WF LETS not only supports our local economy, but also enhances community networks. As well as helping you save money by swapping goods and services with other residents it's also the perfect way to learn or improve skills and offers an easy way to meet people in your community."

The system works by using a simple trading system with a database of 'wants' and 'offers'. It's up to the buyer and seller to agree

a rate for a service or product, but typically people charge 10 Beams an hour for their time, and cost products at the rate of one Beam to £1. Transactions are recorded electronically and members can view a statement of their account online – much the same way you would internet bank.

The committee organises regular monthly events called LETS Trade at the Hornbeam Centre (48 Hoe Street, E17 9AH). The sessions take place on the last Saturday of each month, 10.30am to 12noon. Residents can go along to find out more about the scheme and join up, while members can do a spot of trading. Existing members will show the range of goods and services that are on offer, and give you tips about the things you could offer. Why not go along to the next session on Saturday 29 March?

Rasheeqa said: "LETS is about more than saving money. We

are seeking alternative ways of developing our local economy, based upon mutual care and respect for our community. We want to promote connections between neighbours by exploring what skills and abilities we have to offer each other and realising that these are worth much more than pounds – they are real social bonds.

"We are also looking for members to coordinate local hubs in their streets or neighbourhoods so that traders can find out who is near them and develop the system on an ultra-local level. We believe that we have a lot of the skills and services we need for good quality living right here among us and don't need to pay extortionate prices for them."

WF LETS is also taking part in Cultivate, Waltham Forest's new urban food growing festival, and is hosting an event called LETS Cultivate at the Hornbeam Café on Friday 28 March. The event, which runs from 2-4pm, is a skillshare session on growing herbs for food and medicinal purposes. Everyone is welcome to attend and you can share tips and swap seeds and plants. LETS members can trade Beams and non-members can find out about joining.

More info

For more information visit www.wflets.org.uk, email info@wflets.org or search for Waltham Forest LETS on Twitter and Facebook. Free internet access is available at all libraries in the borough.

In brief



Women of Waltham Forest celebrate International Women's Day. Photo by Nicola Tree

Women's walk

A re-enactment of a 1910 suffragette march from Cedars Avenue to Walthamstow Town Hall was the centrepiece of the Wonderful Women's Walk, organised by Walthamstow MP Stella Creasy to celebrate International Women's Day on Saturday 8 March. Around 1,000 women and girls took part in events during the day that also saw a Council-funded event at Walthamstow Assembly Hall organised by the Waltham Forest Women's Network. It featured speeches from Councillors and representatives from Women's Rights and Safety – a group working to protect the rights and safety of women in the borough.

Stow Festival

Walthamstow's award-winning annual music festival – The Stow Festival – will return to E17 for the fourth year. The festival runs from Friday 12 to Sunday 14 September and includes music of all genres. There will be live performances in pubs, cafes, restaurants and venues throughout Walthamstow. The organisers are encouraging local bands, singers, musicians and DJs to apply to play at this year's festival. Prospective performers should email links to examples of their material by no later than Friday 11 April.

• **Performers should email links to their material to wewanttoplaystowfestival@gmail.com. For more information, visit www.stowfestival.com.**

Sponsor Kate

Walthamstow resident Kate Peacham, 17, has been selected to spend a year teaching disadvantaged children in Uganda by the educational volunteering charity Project Trust and is hoping kind-hearted residents will be able to help her raise money for the adventure. Kate, who is studying for her A Levels, will travel to Uganda in August. In order to take her place on the scheme she must raise £5,600 towards the cost of the trip, and has so far collected £1,425 through sponsorship and fundraising events. She will also attend an Easter Activity Afternoon at St Mary's Primary School (Brooke Road, E17 9HH) on Saturday 29 March to collect donations.

• **To sponsor Kate visit www.virginmoneygiving.com/KatePeacham. For more information on Project Trust visit www.projecttrust.org.uk.**



Foster

Start your new career in fostering

Come to an information evening to find out how
Monday March 24 2014, Waltham Forest Town Hall, 6.45pm
Wednesday April 30 2014, Waltham Forest Town Hall, 6.45pm

You don't need any formal qualifications. You need warmth, patience and understanding, good listening skills and an excellent sense of humour.

"I'd say to anyone thinking about fostering – go for it. All you need is a nice warm heart and to be a nice kind person who does not get angry too quick. We don't want people to feel sorry for us – we just need a safe, kind family to be part off." **Mark, 15 years**

You will receive training and a professional allowance, equipment and expenses for each child.

Come and join our friendly fostering family

Phone: **020 8496 3668** or email fostering@walthamforest.gov.uk

Apply online at www.walthamforest.gov.uk/fostering



Waltham Forest

Children Centre at Chingford

Be Creative with your child and learn all about the first curriculum which supports your child's learning for life

Come and get your child weighed with a health visitor, receive health and feeding advice and much more!



Our Services

2 & 3 year old free nursery . Child's Health Clinic . Breast Feeding Support . Midwife . Messy Play
 Dads Group . Toddlers Group . Oral Health . Theatre Bugs . Baby Massage . Community Dietician
 Adult and Parenting classes . Health Visitor . Library Services . Speech and Language Therapist
 Outreach Support . Stop Smoking Advice . Training and Employment . Volunteering

**Chingford Children's Centre. 82 Peel Close. E4 6XQ For more info call Tel.: 0208 496 1551
 or visit us at chingfordchildrencentre.org**

**Sure Start
 Children's Centres**



Better and better

- Over £170million is being invested to provide first-rate schools for the borough's youngest residents
- Eighty-seven per cent of schools are now rated 'Good' or 'Outstanding' by Ofsted



Students at Connaught School for Girls' Breakfast Club



Cllr Clare Coghill joined pupils from Barclay Primary School to bury their time capsule



Rosie, one of the stars of the current schools campaign, sees one of her posters at a bus stop

Making sure that local children have bright beginnings, from both an educational and health perspective, is a priority not just for parents and carers, but for the Council as well.

Right from when they start primary school to when they take their GCSEs and A Levels, the borough is helping pupils enjoy learning – and our young people are showing just how successful they can be. Local students achieved their best-ever GCSE results last summer and 87 per cent of local primary and secondary schools are rated 'Good' or 'Outstanding' by Ofsted.

School improvements

"We know that children need the right space and facilities to reach their full potential. That's why £170million – from a range of sources – is being spent on improving and expanding our schools," said Cllr Clare Coghill, Cabinet Member for Children and

Young People.

"So far, 19 schools have benefited from extensive improvements such as expansions, new builds and major refurbishments. In addition, well over 20 other schools have had other works to bring them up to date with improvements to roofing, drainage, windows, heating systems and kitchen ventilation."

The Council was also successful in its bid to central government for the Priority Schools Building Programme. This centrally-delivered programme will target four schools in Waltham Forest and transform them by rebuilding their facilities.

"These works will not only create a modern, effective learning environment, but they also mean our schools have first rate kitchens capable of feeding hundreds of hungry tummies at lunchtime!" added Cllr Coghill.

Capturing time

Pupils from Barclay Primary School are looking towards the

future in more ways than one. As well as benefiting from a new-build expansion project that will create space for an extra 450 pupils and will provide 14 classrooms, a nursery, dining hall, studio and library, pupils have buried a time capsule to be opened in 2064.

The pupils have put everyday school and household items into the capsule, such as school jumpers, a newspaper, their reading books, toys, stamps and football magazines.

School places

With all of the extra school places these projects are creating, the past few months have been a busy time in making sure that as many children as possible get their first choice of school.

"This year Waltham Forest had 2,835 applicants for our secondary school places and out of this, 2,046 received their first preference school and 270 received their second preference," said Cllr Coghill. "That

means 72 per cent of children got their first choice of secondary school in Waltham Forest – putting us above the London average of 69 per cent."

Breakfast Clubs

Providing the right fuel for children as they start the school day is another priority for the Council and to date 52 local schools have signed up to the Breakfast Club scheme.

Giving children in Reception or Year 7 a subsidised breakfast – either through their school's existing breakfast club or with a nutritious snack pack which can eaten at the start of the day or during the morning break – the scheme will be extended to Year 1 pupils from April.

Connaught School for Girls is one of the schools to have signed up already. And staff say their successful Breakfast Club's healthy meals make a positive difference to students' behaviour, as well as allowing different year groups to socialise.

Proud of our pupils

Regular readers of Waltham Forest News may remember Rosie, one of the local Year 6 pupils whose achievements were celebrated in the Council's current schools campaign. Now in full swing, the campaign means that residents can see pictures of Rosie and her peers as their stories and successes are celebrated at various outdoor locations, such as bus stops and train and tube stations across the borough.

Last week, Rosie met up with Cllr Coghill to see one of her posters at a local bus stop. Residents can also read all about other pupils, and why their schools have nominated them for the schools campaign. Turn to p18 of this edition and keep an eye out for the next edition of Waltham Forest News.

More info

For more information about school improvement projects in Waltham Forest visit www.walthamforest.gov.uk/betterschools or phone 020 8496 3000.

BENEFIT CHANGES

CHANGES TO YOUR
COUNCIL TAX SUPPORT

From 1 April 2014, the amount of help anyone under the eligible pension age can get towards their Council Tax bills will reduce further, regardless of your income.

- You will still be affected if you receive Income Support, Job Seeker's Allowance or Employment Support Allowance.
- If you are under eligible pension age and liable to pay Council Tax, you will have to pay at least 15 per cent of your Council Tax bill in the next financial year (starting 1 April 2014). Look out for a letter with more information.
- This reduction in Council Tax Support is due to the overall reduction in our Government funding.

What does this mean for me?

It's important to plan for these changes and make arrangements to pay your Council Tax.

Why not set up a Direct Debit? It's simple and convenient. You can do this online at www.walthamforest.gov.uk/directdebit, or phone us to request a form.

If you are struggling to pay your Council Tax, please contact us as soon as possible – we're here to help.

You can also visit our website to find out what support is available.



For more information on the help and support available to you, phone **020 8496 3000** or visit www.walthamforest.gov.uk/benefit-changes



Launching The Bridge!

We have set up a new community led project – The Bridge – at Lea Bridge Library Local.

Working with Waltham Forest Council, **The Bridge** supports local people to use the spacious community room at times when the Lea Bridge Library is not open to the public. Residents have organised various activities ranging from arts and crafts, keep fit classes and healthy living advice to languages and music. All of this has been led by local residents using their skills and knowledge to provide activities for the benefit of the local community.

We would love you to come and join us to celebrate our official launch, find out what The Bridge has to offer and how you can become involved!



We show a quilt made by residents to Cllr Khan Portfolio Holder for Health and Wellbeing.

Venue:

Lea Bridge Library Community Room,
Lea Bridge Road, Leyton E10 7HU

Date:

Saturday 22nd March

Time:

1pm to 3pm

Find out what your neighbours have been up to in the library! Light refreshments will be served.



For more information please visit www.walthamforest.gov.uk 020 8496 3000



Keep up to date with
the latest news in
Waltham Forest

If you want to be kept informed of the latest council news, events, service changes and consultations, sign up to Waltham Forest Council e-news online at www.walthamforest.gov.uk/enews



Taking a stand on enforcement

- Getting tough on businesses that take advantage of residents
- Making use of Council and government powers to protect the borough

Protecting the rights of residents is a key role for Waltham Forest Council and using the powers it has is just one important part of this work. Another is looking to extend those powers where appropriate to deal with particular issues.

Here Waltham Forest News shines a light on just a few of the areas where we help protect residents from businesses that refuse to play by the rules.

Takeaway filth

Environmental Health Officers visited New Curry Queen, situated at 466 High Road, Leyton, on Thursday 27 February to carry out a routine inspection and found evidence of rats throughout the premises. Droppings were discovered in food containers, underneath equipment and on the floors throughout.

Inspectors also described the premises as 'filthy, with a poor standard of hygiene', even finding mouldy food in the fridges. As a result the takeaway was shut down and on Monday 3 March officers obtained a hygiene emergency prohibition order from Stratford Magistrate's Court. The Council was awarded costs of £512 at the hearing.

The Council will be pursuing a prosecution against the takeaway, but in the meantime the action sends out a strong message to other food establishments that appropriate hygiene practices are not just an option – they are essential.

Landlord abuse

Landlords abusing their rights with regard to properties that have been converted into Houses of Multiple Occupation (HMOs) are another area where the Council concentrates efforts. Where a property that was originally

designed for a single household has been converted for occupation by a number of different people landlords must abide by certain standards.

The Council takes a robust approach to HMOs as was illustrated on Friday 7 February when Mr Ayaz Khan was prosecuted for one offence of failing to comply with an Improvement Notice and two offences of failing to comply with management regulations. Thames Magistrate's Court sentenced him to fines of £2,500 for each offence and a contribution towards costs of £1,525.

The following week on Wednesday 12 February Mr

single year, it was found that agents were building into their margins a contingency to cover the cost of FPNs.

So the Council applied to the Secretary of State for Communities and Local Government for consent to withdraw the right to display boards along a number of its high roads.

In 2012 Waltham Forest became one of just a handful of boroughs to be granted consent in neighbourhoods not deemed to be areas of special architectural interest. The restrictions initially applied for a year after which the Council reapplied.

Last month we were informed that the same conditions can

"The Council will be pursuing a prosecution against the takeaway, but in the meantime the action sends out a strong message to other food establishments."

Muhammed Ashraf and Ms Shabana Ashraf were at the same court, each facing charges of failure to licence an HMO. Both Mr and Ms Ashraf were handed a three year conditional discharge and were each ordered to contribute towards costs to the tune of £1,500.

Estate agent boards

While estate agents and letting agents should take down 'For Sale' and 'To Let' boards in a timely manner, the reality was found to be very different and the clutter of boards was bringing down the look and feel of the borough.

Waltham Forest Council used existing legislation to issue Fixed Penalty Notices (FPNs) against agents flouting the law, but discovered that the strategy was only able to have limited impact. Despite issuing 826 FPNs in a

apply for the coming five years. The Government response noted that, 'there has been widespread compliance with a previous Direction that has resulted in a positive effect on visual amenity.'

Making a difference

The message the Council is determined to send out to anyone looking to take advantage of residents or to abuse the environment is that it will not be tolerated. We know how to make use of existing powers and we know when we need to lead the way and acquire additional tools to get the job done and stamp out abuse.

More info

For more information visit www.walthamforest.gov.uk or phone 020 8496 3000.



The takeaway on Leyton High Road shut down by Waltham Forest Council



Just some of the rat droppings discovered at New Curry Queen



Filthy conditions uncovered by Council inspectors

14 What's On

Sports and fitness

Fertility Yoga

Wednesdays, 11.30am–1pm

United Reform Church, Buxton Road, E4 7DP

A five week course starting on 26 February.

For more information visit www.arlenedunkley-wood.co.uk/yoga/fertility-yoga or phone 07976 903 003.

Shotokan Karate

Mondays, 4–5pm

Leyton Youth Centre, E10 6RT

Come and learn a new skill, get fit and make new friends in a family-friendly club. All ages welcome from 6 years of age upwards. Classes also available on Mondays and Thursdays for graded students. **For a free trial lesson, or more information, phone 07836 293 200.**

Aikido – Japanese Martial Art

Tuesdays and Fridays, 6.30pm

Aikido is a Japanese martial art of self defence for health, fitness and self-confidence. Is it for you? Come along and watch a class and find out! Beginners welcome. **For further information phone Steve on 07838 387 057 or visit** www.londoneastaikido.com

Pilates Classes in Leyton

Thursdays, 7–8pm

Leyton Parish Church Hall, Lindley Road, E10 6QT

Drop in Pilates classes. General level but beginners and more experienced participants can be accommodated. Classes cost £10 and mats and small equipment are provided. Alison is a highly qualified and experienced and has been teaching for 14 years. Pilates can improve your strength, flexibility, balance, coordination, bone density, reduce pain and encourage relaxation. New participants must contact Alison first. **For more information email** alison.bray@gmail.com or visit www.facebook.com/abpilateslondon

Jackys FitSteps® Strictly Fun!

Mondays, 7.30–8.30pm

The Asian Centre, 18a Orford Road, E17 9LN

FitSteps® is formulated by Ian Waite Mark Foster and Natalie Lowe. Based on ballroom dance steps, it is ideal for posture, toning, building muscle strength and slimming down. You do not need a partner, it's a fitness class. Jacky also runs classes in Chingford and Wood Street. **For more information, phone Jacky on 07715 421 349 or email** jacjuke@aol.com

Learn Belly Dancing

Tuesdays, 7–8pm

The Asian Centre, Orford Road, E17 9LN
A great way to help you stay in shape and allow you to express your own personal creativity, enjoyed by many people around

the world and for all ages. Enjoy belly dancing for £5 for a one hour lesson.

For more information phone Sarah on 07735 345 635.

Yoga Classes – mixed ability

Wednesdays, 7.30–9.30pm and

Thursdays, 7–8.30pm and 8.40–10.10pm

Friends Meeting House, Bush Road, E11 3AU

Fridays, 7–8.30pm and 8.40–10.10pm

and Mondays, 1–3pm

Peterhouse Centre, Forest Rise, E17 3PW
Mixed ability classes, beginners welcome. Down-to-earth Hatha Yoga. Help for anxiety and depression as well as physical problems; sleep better, feel better. Fully qualified teacher since 1984 (British Wheel of Yoga). £8 for 1.5 hour classes, £8.50 for 2 hrs. **For more information, or to book, phone Kay Russell 020 8554 7168 or email** kay_russell_yoga@hotmail.com

Beginners Walking Group

From Monday 17 March, 7–8.15pm

Hale End Harriers invite you to join our new 10 week beginners' walking fitness programme which is perfect if you haven't run for a long time. We're a small friendly group led by qualified Running Leaders Rita and Mel. Fancy a challenge? Ask us about our six week Get Running programme starting in June!
If you want to get fit and energised email us for more information at haleendharriers@live.co.uk

Total Body Toning

Tuesdays, 8–9pm

North Chingford Methodist Church, Station Road

An uplifting full body resistance workout to tone, strengthen and burn calories. Includes use of weights, Bodybars, Gliding discs, rubber tubing, followed by a floorwork and stretching section. Taught to motivating music. First class free, then £25 per month. **For more information, or to book your space, phone Lucilla on 07956 695 077, email** lucilla@onestopfitness.co.uk or visit www.onestopfitness.co.uk

Restorative Yoga

Mondays, 6–7pm

The Mill, 7–11 Coppermill Lane, E17 7HA
Gentle healing yoga poses and relaxation class for health conditions or limited mobility. Safe, effective way to increase physical activity, strength, balance and flexibility. Helps with numerous conditions from high blood pressure, pain management and back problems to depression and stress. Classes cost £54 for 6 weeks or £9 drop in. Private one to one classes available. **For more information, and to book, please email** josettayoga@hotmail.co.uk

Ashtanga Yoga

Fridays 9.45–10.45am or 9.45–11.15am

Quaker Meeting House, 1a Jewel Road, E17 4QU

Fast flowing dynamic yoga class. Great for increasing fitness, stamina, strength,

flexibility and balance. Bring your own mat. Option to stay for either 60 or 90 minute class. Classes cost £54 for 6 weeks, £11 drop in for 90 minute class or £9 drop in for 60 minute class. Private one to one classes available. **For more information, and to book, please email** josettayoga@hotmail.co.uk

Band of Brothers football

Saturdays

Wanstead Flats

Our local football team – Band of Brothers – needs players. We are holding trials on upcoming weekends. We play matches every Saturday and want to join a local league this year. No experience necessary – all we ask is that you are passionate and committed. Very friendly bunch of people, so if you want some fun and the chance to meet new friends while keeping fit this is for you. **For a list of trial dates, or more information, please phone Chris on 07876 370 311.**

Zumba with Zoe

Mondays, 7.30pm

The Score Centre, 100 Oliver Rd, E10 5JY
Classes are great fun, an excellent way to keep fit, lose weight and every class feels like a party. Zumba is your opportunity to express yourself and unleash your 'Latin within'! £5 per class. **For more information email** info@zumbazoe.co.uk or visit www.zumbazoe.co.uk

Circuit Training

Thursdays, 7pm

St Gabriel's Church Centre, Havant Road, E17 3JF

A high impact exercise class for men and women who want to improve strength and stamina. Aiding weight loss and muscle tone in a friendly environment with variations for all levels. £6 drop in – discounts are available for advanced payment. **For more information phone Chloe on 07903 629 636, email** chloe@dancechloe.com or visit www.DanceChloe.com

Zumba Fitness with Chloe

Tuesdays, 7pm

Walthamstow School for Girls, Church Hill, E17 9RZ

Wear low tread supportive trainers and bring a bottle of water to enjoy this exhilarating dance fitness class in a low pressure atmosphere! £5 drop in – discounts are available for advanced payment. **For more information phone Chloe on 07903 629 636, email** chloe@dancechloe.com or visit www.DanceChloe.com.

Women's only Pilates

Every Friday, 7–8pm

Foster Hall, Wellesley Road, E17 8JZ

Traditional mat based Pilates is one of the most effective body sculpting workouts you can do. Pilates combines strengthening, relaxation, flexibility, alignment and stamina by correcting muscular imbalances

together with alleviating tension. Mixed abilities, £5 per class, mat required. **For more information email** mariabonner@btinternet.com or phone Maria 07514 180 360.

Lea Valley Friends Group

Saturdays and Sundays

Join us for short walks every Saturday or Sunday.

For more information, or to request a free programme of events, visit www.leavalleyfriends.org.uk, email lvfwalkers2001@hotmail.com or phone 020 8529 1602.

Clubs and community

Holy Family Table Top Sale

Saturday 29 March, 10am–1pm

1 Shernhall Street, E17 3EA

The Friends of Holy Family Catholic School and Sixth Form are holding their Spring Indoor Table Top Sale at their Walthamstow Site. A chance to get a treat for your Mum from the variety of stalls, enjoy our delicious refreshments and take a home-made cake home for later! **To book a table, email** friends@holyfamily.waltham.sch.uk and request a booking form or phone the school office on 020 8520 0482. Book early to avoid disappointment.

Holistic Health and Beauty Event

Friday 21 March, 6–10pm

Leytonstone School, Colworth Road, E11 1JD

Join us for one to one sessions in shiatsu, reflexology, yoga, massage, astrology, Alexander Technique, reiki, Indian head massage, tarot, Colour Me Beautiful. There will also be group sessions in NLP, yoga, Alexander technique and visualisation and demonstrations in derma roller, cupping and facials and consultations in hypnotherapy. This is a mixed event. Prices for one to one sessions are £5 for 15 minutes, £7 for 20 minutes or £10 for 30 minutes. Group sessions £2 per person.

Kitchener Park Wildflower Planting Day

Saturday 29 March, 10am–1pm

Kitchener Park, Kitchener Road, E17 4LZ

Join us for a morning of bee-friendly fun and help create a wildflower meadow in Kitchener Park. Including seed sowing, face painting, music, a bee quiz, stalls and more. Come and help us scatter the seeds! Free event. **For more information phone Waltham Forest Friends of the Earth on 07905 300 444, email** foe.walthamforest@gmail.com or visit www.foe.co.uk/walthamforest

Computer Course for over 50s

Begins in April

Join our ten week beginner computer course covering all aspects of getting started with using a computer, the internet, email and basic word processing. Group courses are held in local venues across the borough and cost £39.90. Alternatively if you have a computer and internet connection at home, one-to-one courses cost £99. Places are limited and allocated on a first-come, first served basis. **For more information phone Age UK Waltham Forest on 020 8558 5512.**

Fundraising Wine Tasting Evening

Saturday 29 March, 7.30pm

St Teresa's Hall, Station Road, Chingford, E4 7BJ

Waltham Forest Dyslexia Association along with 'The Wine Factor' is hosting a fundraising Italian Wine Tasting Evening. Event starts at 8pm. Tickets are £15 and include drinks, savouries and a fun quiz. **For more information, or to reserve a place or table, phone Anne England on 020 8529 1957.**

Mindfulness Tasters

Thursday 17 April, 7–8.30pm

The Mill, 7–11 Coppermill Lane, E17 7HA
Mindfulness can help reduce stress and build resilience. It is a skill that we can learn to enhance our wellbeing. Find out more and see how you can get started. Sessions cost £10. **To book a space email** info@mindfulworld.co.uk or **for more information visit** www.mindfulworld.co.uk

The Mill Quiz Night

Friday 28 March, 7.30–10pm

7–11 Coppermill Lane, E17 7HA

The Mill Quiz returns for another evening of entertainment with prizes for winners! Teams are made up of four people, you can come as a team or we can put you into a team. Entrance is £5 which includes a free glass of Mill fruit punch and snacks. Tickets are available from The Mill reception, but hurry as spaces are limited. **For more information email** info@themill-coppermill.org

E17 Community Kitchen

Thursdays

Waltham Forest College, 707 Forest Road, E17 4JB

Join a workshop and learn to create healthy meals on a limited budget. We demonstrate how to cook dishes that are tasty, healthy, inexpensive and easy to prepare. Come to watch, learn, pick up new recipes and join in. And after cooking, enjoy a meal or dish with others in a relaxed and friendly atmosphere. Dishes are from different countries and cultures. The workshops are free and open to all, you do not need to register or commit to a course or qualification. **For dates and times of workshops please email** e17kitchen@gmail.com

New Pensioners Club

Mondays, 12–2pm

Lea Bridge Library Community Room

Easter Daze

See inside
for playschemes,
events, activities and
entertainment.



Activities for children
under 5



Activities for children
aged 5 to 11



Activities for young
people aged 11 to 19



Activities for all ages

Looking for something to
do during the **Half Term** break?

Please check the What's On section of the Children and Young People's
Directory for events taking place in the borough every day, including
Half Term: www.walthamforest.gov.uk/cypd



Waltham Forest

Schools Open for Easter

5 to 11

SCHOOLS OPEN FOR EASTER – FREE ACTIVITIES

5 TO 11 YEARS

Monday 7th to Thursday 17th April 2014
10am to 12.30pm

Larkwood Primary School	Greenleaf Primary School
New Road	Greenleaf Road
Chingford	Walthamstow
E4 8ET	E17 6QW

Willowbrook Primary School
Church Road
Leyton
E10 7BH

1.30pm to 4pm

Chapel End Infants School & Early Years Centre	Mayville Primary School
3 Beresford Road	Lincoln Street
Walthamstow	Leytonstone
E17 4LN	E11 4PZ

Come along to free activities at primary schools across the borough. You'll find multi sports, street dance, cycling, arts and crafts, magic shows, poetry and games. Children under 8 must be accompanied by an adult.

★ **FREE** ★

020 8496 3000

www.walthamforest.gov.uk/cypd

5 to 19

MULTI SPORTS & PERFORMING ARTS

5 TO 19 YEARS & 25 YEARS WITH DISABILITIES

Tottenham Hotspur Foundation Multi Sports

Monday 7th to Thursday 17th April 2014

X7eaven Performing Arts

Monday 7th to Friday 11th April 2014

9.30am to 3.30pm

Walthamstow School for Girls
Church Hill
Walthamstow
E17 9RZ

Rushcroft School Performing Arts

Monday 7th April to Friday 11th April 9.30am to 3.30pm

Rushcroft Foundation School
Rushcroft Road
Chingford
E4 8SG

Leyton Orient Sports Community Programme Multi Sports

Monday 7th to Thursday 17th April 2014

X7eaven Performing Arts

Monday 14th to Thursday 17th April 2014

9.30am to 3.30pm

Leyton Sixth Form College
Essex Road
Leyton
E10 6EQ

Book on to a multi sports or performing arts holiday programme. Bookings will start on Tuesday 25th March.

£10 per day

£40 per week

£20 per week concessionary rate for children and young people in receipt of free school meals.

For bookings call 020 8365 5138

lbwfbookings@tottenhamhotspur.com

5 to 25

FREE DISABILITY MULTI SPORTS AND SWIMMING

5 TO 25 YEARS

Monday 7th to Thursday 17th April 2014
10.30am to 3.30pm

Waltham Forest Pool & Track
Chingford Road
Walthamstow
E17 5AA

Schools Open for Easter is offering a multi sports and swimming programme for children and young people with disabilities. Programme will be delivered by Tottenham Hotspur Foundation and will include trips out.

Must be accompanied by an adult. Bookings will start on Tuesday 25th March. Please call on Mondays, Tuesdays and Fridays between 3.30pm and 5.30pm.

★ **FREE** ★

To book a place call 020 8365 5159

lbwfbookings@tottenhamhotspur.com



Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough Every Day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for children under 5

REDWOOD PRE-SCHOOL HOLIDAY PLAYScheme

2 TO 7 YEARS

Monday 7th to Thursday 17th April 2014

8am to 9.30am Breakfast Club

9.30am to 4.30pm All Day Provision

4.30pm to 6pm Teatime Club

Redwood Pre-School

The Bell Centre

3 Holloway Road

Leytonstone

E11 4LD

Redwood holiday playscheme offers a caring, fully inclusive and safe environment for all children with planned daily themes focused on fun, fun, fun! Places are limited so book NOW to avoid disappointment.

From £12 per day

020 8539 8559

redwoodpreschool@btconnect.com

www.redwoodpreschool.org.uk

EASTER PLAYScheme AT LOW HALL NURSERY & CHILDREN'S CENTRE

3 TO 8 YEARS

Monday 7th to Thursday 17th April 2014

8am to 6pm

Low Hall Nursery School & Children's Centre

Low Hall Lane

Walthamstow

E17 8BE

Lots of exciting activities including painting, clay, music, soft play, pond dipping and gardening. Our staff are qualified and DBS checked and our setting is rated Outstanding by Ofsted.

Breakfast and tea included in the price.

£25 a day

Mary

020 8520 1689

school@lowhall.waltham.sch.uk

LES ENFANTS CARE ZONE

3 TO 8 YEARS

Monday 7th to Friday 11th April 2014

9am to 4pm

Buxton Secondary School

Terling Close

Leytonstone

E11 3NT

A fun, holiday childcare provision for 3 to 8 year olds.

From £15

Sharon St Catherine

07428 261343

sharonstcatherine@yahoo.co.uk

STAY AND PLAY AT CHINGFORD CHILDREN'S CENTRE

0 TO 5 YEARS

Monday 7th April 2014

9.30am to 11am

Chingford Hall Centre

4 Burnside Avenue

Chingford

E4 8YJ

Be creative and encourage your child's learning through fun activities, toys and games which support the Early Years Curriculum.

★ **FREE** ★

Chingford Children's Centre

020 8496 1551

www.chingfordchildrencentre.org

MESSY PLAY AT CHINGFORD CHILDREN'S CENTRE

6 MONTHS TO 5 YEARS

Monday 7th April 2014

1.30pm to 3pm

Parkside Centre

82 Peel Close

Chingford

E4 6XQ

Come and explore a range of materials to spark imagination and creativity through messy play.

★ **FREE** ★

Chingford Children's Centre

020 8496 1551

www.chingfordchildrencentre.org

NEW PARENTS GROUP AT CHINGFORD CHILDREN'S CENTRE

0 TO 6 MONTHS

Monday 7th April 2014

1.30pm to 3pm

Chingford Hall Centre

4 Burnside Avenue

Chingford

E4 8YJ

Come along and meet new parents with young babies.

★ **FREE** ★

Chingford Children's Centre

020 8496 1551

www.chingfordchildrencentre.org

STAY AND PLAY AT CHINGFORD CHILDREN'S CENTRE

0 TO 5 YEARS

Tuesday 8th April 2014

1.30pm to 3pm

Handsworth Health Clinic

Handsworth Avenue

Chingford

E4 9PD

Be creative and encourage your child's learning through fun activities, toys and games which support the Early Years Curriculum.

★ **FREE** ★

Chingford Children's Centre

020 8496 1551

www.chingfordchildrencentre.org



Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough Every Day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for children under 5

INTERACTIVE STORY TELLING AT CHINGFORD CHILDREN'S CENTRE

18 MONTHS TO 4 YEARS

Tuesday 8th April 2014

1pm to 2pm

South Chingford Community Library

265 Chingford Mount Road

Chingford

E4 8LP

Storytelling, rhymes and songs to spark imagination and creativity.

★ **FREE** ★

Chingford Children's Centre

020 8496 1551

www.chingfordchildrencentre.org

EASTERN EUROPEAN PARENTS GROUP AT CHINGFORD CHILDREN'S CENTRE

0 TO 5 YEARS

Tuesday 8th April 2014

1.30pm to 3pm

Chingford Hall Centre

4 Burnside Avenue

Chingford

E4 8YJ

A toddler group session offering a wide range of toys and art activities for parents of Eastern European backgrounds.

★ **FREE** ★

Chingford Children's Centre

020 8496 1551

www.chingfordchildrencentre.org



STAY AND PLAY AT CHINGFORD CHILDREN'S CENTRE

0 TO 5 YEARS

Thursday 10th April 2014

9am to 10.30am

Parkside Centre

82 Peel Close

Chingford

E4 6XQ

Be creative and encourage your child's learning through fun activities, toys and games which support the Early Years Curriculum.

★ **FREE** ★

Chingford Children's Centre

020 8496 1551

www.chingfordchildrencentre.org

ROLLERS AND CRAWLERS AT CHINGFORD CHILDREN'S CENTRE

0 TO 18 MONTHS

Thursday 10th April 2014

1.30pm to 3pm

Parkside Centre

Peel Close

Chingford

E4 6XQ

Sensory experience for young children.

★ **FREE** ★

Chingford Children's Centre

020 8496 1551

www.chingfordchildrencentre.org

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www.walthamforest.gov.uk/cypd

Activities for children under 5

STAY AND PLAY AT CHINGFORD CHILDREN'S CENTRE

0 TO 5 YEARS

Friday 11th April 2014
9.30am to 11am
Chingford Hall Centre
4 Burnside Avenue
Chingford
E4 8YJ

Be creative and encourage your child's learning through fun activities toys and games which support the Early Years Curriculum.

★ **FREE** ★

Chingford Children's Centre
020 8496 1551
www.chingfordchildrencentre.org

STAY AND PLAY AT CHINGFORD CHILDREN'S CENTRE

0 TO 5 YEARS

Friday 11th April 2014
9.30am to 11am
Coney Burrows Community Centre
31 Coney Burrows
Chingford
E4 6EB

Be creative and encourage your child's learning through fun activities, toys and games which support the Early Years Curriculum.

★ **FREE** ★

Chingford Children's Centre
020 8496 1551
www.chingfordchildrencentre.org

THEATRE BUGS AT CHINGFORD CHILDREN'S CENTRE

0 TO 2 YEARS

Friday 11th April 2014
1pm to 1.40pm
Chingford Hall Centre
4 Burnside Avenue
Chingford
E4 8YJ

Come on an imaginative journey with puppet friends, songs and rhymes.

★ **FREE** ★

Chingford Children's Centre
020 8496 1551
www.chingfordchildrencentre.org

MESSY PLAY AT CHINGFORD CHILDREN'S CENTRE

2 TO 5 YEARS

Friday 11th April 2014
2pm to 3pm
Chingford Hall Centre
4 Burnside Avenue
Chingford
E4 8YJ

Come on an imaginative journey with puppet friends, songs and rhymes.

★ **FREE** ★

Chingford Children's Centre
020 8496 1551
www.chingfordchildrencentre.org

CRASH COURSE SWIMMING LESSONS FOR CHILDREN – WEEK 1

3 TO 12 YEARS

Monday 7th to Friday 11th April 2014
8.30am to 10.30am
Sylvestrian Leisure Centre
Forest School
College Place
Snaresbrook
E17 3PY

5 day intensive swimming lessons for children. There are 30 minutes time slots available between 8.30am and 10.30am.

£30 per child

Sylvestrian Leisure Centre
020 8509 6526
enquiries@sylvestrian-leisure.co.uk

CRASH COURSE SWIMMING LESSONS FOR CHILDREN – WEEK 2

3 TO 12 YEARS

Monday 14th to Thursday 17th April 2014
8.30am to 10.30am
Sylvestrian Leisure Centre
Forest School
College Place
Snaresbrook
E17 3PY

4 day intensive swimming lessons for children. There are 30 minutes time slots available between 8.30am and 10.30am.

£24 per child

Sylvestrian Leisure Centre
020 8509 6526
enquiries@sylvestrian-leisure.co.uk

STORY AND SONG TIME

3 TO 5 YEARS

Monday 7th April 2014
10.30am to 11.30am
The Library
High Street
Walthamstow
E17 7JN

Tickets should be purchased in advance from the library hosting the event to avoid disappointment.

£1 per child

Walthamstow Library
020 8496 3000
wflibraries@walthamforest.gov.uk



Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough Every Day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for children aged 5 to 11

CHURCH HILL NURSERY SCHOOL AND CHILDREN'S CENTRE HOLIDAY PLAYScheme

3 TO 8 YEARS

Monday 7th to Thursday 17th April 2014

8am to 6pm

Church Hill Nursery School and Children's
Centre

Woodbury Road

Walthamstow

E17 9SB

Our holiday playscheme is open to children aged 3 to 8 years and families in the community wanting a place during the school holidays. We have a lovely indoor and outdoor space. Booking is necessary and a minimum of 2 days a week required.

£25 per day with a packed lunch plus £5 if you require breakfast and lunch.

Sibling rate at £24

Sarah Tansley or Tasha Johnson

020 8520 4919

Sarah.Tansley@churchhill.waltham.sc.uk

EASTER HOLIDAY PLAYScheme

5 TO 12 YEARS

Monday 7th to Friday 18th April 2014

7am to 6.30pm

Calvary Morning Glory Club

174D Vicarage Road

Leyton

E10 5DX

Sports, computer games, ICT activities, baking, dance, drama, arts and crafts. There are three local parks and a library within walking distance. We have at least two outings a week are planned.

£19 per day per child

Elizabeth Oyinka-Antwi

07782 644 664

elizantwi@hotmail.com

OUT OF SCHOOL HOLIDAY PROVISION AT LLOYD PARK

5 TO 11 YEARS

Monday 7th to Thursday 17th April 2014

8am to 5.50pm

The Lloyd Park Centre

Winns Avenue Entrance

Lloyd Park

Walthamstow

E17 5JW

Our out of school provision includes a wide range of child led activities both indoors and outdoors. All meals are provided and freshly cooked on premises.

£26.37 per day (places need to be pre booked)

020 8531 9522

lpc@thelloydparkcentre.co.uk

CRASH COURSE SWIMMING LESSONS FOR CHILDREN – WEEK 1

3 TO 12 YEARS

Monday 7th to Friday 11th April 2014

8.30am to 10.30am

Sylvestrian Leisure Centre

Forest School

College Place

Snaresbrook

E17 3PY

5 day intensive swimming lessons for children. Each lesson lasts 30 minutes. 30 minute time slots available between 8.30am and 10.30am.

£30 per child

Sylvestrian Leisure Centre

020 8509 6526

enquiries@sylvestrian-leisure.co.uk

CRASH COURSE SWIMMING LESSONS FOR CHILDREN – WEEK 2

3 TO 12 YEARS

Monday 14th to Thursday 17th April 2014

8.30am to 10.30am

Sylvestrian Leisure Centre

Forest School

College Place

Snaresbrook

E17 3PY

4 day intensive swimming lessons for children. Each lesson lasts 30 minutes. 30 minute time slots available between 8.30am and 10.30am.

£24 per child

Sylvestrian Leisure Centre

020 8509 6526

enquiries@sylvestrian-leisure.co.uk

MISSION GROVE EASTER PLAYScheme

4 TO 12 YEARS

Monday 7th to Thursday 17th April 2014

8.45am to 4.45pm

Mission Grove Primary School

Buxton Road

Walthamstow

E17 7EJ

Nine days of fun activities such as sports, dance, drama, art, ICT, food tech and Fun Friday. We will also be having outings to the cinema, rock climbing, KidsMania, ice skating and bowling.

£60 per week or £15 per day

Meshak Taylor

020 8520 3487/07939 241798

Meshak@missiongrove.org.uk

HOLIDAY PLAYScheme AT AVENUE KIDS CLUB

4 TO 12 YEARS

Monday 7th to Thursday 17th April 2014

8am to 6.30pm

Avenue Kids Club

Nexus Centre

3 Snowberry Close

Leytonstone

E15 2AH

Various activities, days out, cooking, arts and crafts, basketball, table tennis, computer, games and lots more. Secure outside play area.

From £20 per day

Karen Hodges – 07748 271202

Dianne Stephenson – 07943 104209

avenuekidsclub@hotmail.com

ARTS, CRAFTS, WII, XBOX AND COMPUTING

4 TO 11 YEARS

Monday 7th to Friday 11th April 2014

8.30am to 6.15pm

The Listening Ear and Caring Hands

13 Newcomen Road

Leytonstone

E11 3PU

Visits to cinema, bowling, local parks, swimming and indoor activities (including arts and crafts, play dough, Wii, Xbox, computer games, air hockey and table tennis).

£15 per day excluding outing fee

Cecilia Korsah

07951 234864/020 8555 4621

ceciliakorsah@live.com

Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough Every Day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for children aged 5 to 11

YELLOW BIRDS HOLIDAY CLUB

3 TO 13 YEARS

Monday 7th to Thursday 17th April 2014

8am to 6pm

South Chingford Methodist Church

3 New Road

Chingford

E4 9EU

We provide for all your childcare needs between 8am/8.30am to 6pm weekdays. Our programmes include trips, sports, drama, music, dance and cookery. For a full list of all our planned activities as well as details of our free play toys, activities and resources please contact Ella.

**From £23.00 a day (discount for sibling)
+10% off when booking a week**

Ella Parkinson

020 8531 9658/07723 332493

YellowBirdsinfo@aol.com

BETTER HOLIDAY PLAYScheme

5 TO 11 YEARS

Monday 7th to Friday 11th April 2014

8.45am to 5pm

Monday 14th to Thursday 17th April 2014

8.45am to 5pm

Walthamstow Leisure Centre

243 Markhouse Road

Walthamstow

E17 8RN

Enjoy various activities in our Ofsted registered playscheme. Activities include castle raiders, pirates, gymnastics, art and crafts, face painting and much more!

Please call the centre for further information.

Walthamstow Leisure Centre

020 8520 7464

Walthamstow@gll.org

WELCOME TO THE WORLD OF TRACY BEAKER

8 TO 10 YEARS

Monday 7th April 2014

Walthamstow Library 11.30am to 12.30pm

Leytonstone Library 4pm to 5pm

Monday 14th April 2014

Higham Hill Library 11.30am to 12.30pm

Walthamstow Library

High Street

Walthamstow

E17 7JN

Leytonstone Library

6 Church Lane

Leytonstone

E11 1HG

Higham Hill Library

North Countess Road

Walthamstow

E17 5HS

This workshop will bring the zany world of Tracy Beaker to life! Tracy is the inventor of Extremely

Outrageous Dares, and she challenges you to put your knowledge to the test!

Workshop delivered in partnership with Explore Learning, Chingford. Visit the library or our website to book your place.

★ **FREE** ★

020 8496 3000

www.wflibraries.eventbrite.com

SCHOOL HOLIDAY ACTIVITY CAMP

6 TO 13 YEARS

Monday 7th to Friday 11th April 2014

9am to 5pm

Rushcroft Foundation School

Rushcroft Road

Chingford

E4 8SG

Fun holiday camp with lots of activities including cookery, basketball, cricket and arts and crafts.

Advisors on site and can be booked in advance for family information, benefits and other services.

£15 per day or £60 per week

020 8531 9231

bookings@rushcroft.com



Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough Every Day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for young people aged 11 to 19

BUXTON EXTRA

8 TO 16 YEARS

Monday 7th to Thursday 17th April 2014

11am to 4pm

Buxton Secondary School

Terling Close

Leytonstone

E11 3NT

Football, multisports, V Cafe, Chill Out Zone, Pool Club, drama, Duke of Edinburgh Awards, V Project at Buxton and study support.

£3 per child

Carol Moloney

020 8519 7198/020 8534 3425

carol.moloney@buxtonschool.waltham.sch.uk

CAN YOU CRACK THE SPY CODE?

10 TO 12 YEARS

Monday 7th April 2014

Leyton Library 2pm to 3pm

Wednesday 9th April 2014

Lea Bridge Library 2.30pm to 3.30pm

Monday 14th April 2014

Wood Street Library 2pm to 3pm

Leyton Library

High Road

Leyton

E10 5QH

Lea Bridge Library

Lea Bridge Road

Leyton

E10 7HU

Wood Street Library

Forest Road

Walthamstow

E17 4AA

Crack the German spy code and try to survive on rations in this interactive workshop which brings the world of the soldier to life!

Workshop delivered in partnership with Explore Learning, Chingford. Visit the library or our website to book your place.

★ **FREE** ★

020 8496 3000

www.wflibraries.eventbrite.com

LICK THE PENCIL: YOUNG PEOPLE'S 1:1 CREATIVE WRITING SURGERY

7 TO 18 YEARS

Thursday 10th April 2014

1pm to 4pm

Walthamstow Library

High Street

Walthamstow

E17 7JN

Do you have a poem or story you are working on that you would like to improve? Or maybe you want to work on a particular writing skill, such as descriptive language, plot, characters or style or you just have writer's block? Bring along your writing (or just your writing questions and struggles) to get an individual 30 minute slot for one-to-one feedback and advice from an active local writer. Visit the library or our website to book your place.

★ **FREE** ★

020 8496 3000

www.wflibraries.eventbrite.com

BECOME A SUMMER READING CHALLENGE CHAMPION!

13 TO 16 YEARS

Thursday 10th April 2014

Leyton Library 11am to 12.30pm

Monday 14th April 2014

Walthamstow Library 11am to 12.30pm

Thursday 17th April 2014

North Chingford Library 11am to 12.30pm

Leyton Library

High Road

Leyton

E10 5QH

Walthamstow Library

High Street

Walthamstow

E17 7JN

North Chingford Library

The Green

Chingford

E4 7EN

Are you aged 13 to 16 and looking for something different to do this summer? Volunteering to deliver the Summer Reading Challenge in Waltham Forest Libraries could be the answer! We're looking for young volunteers to give some time during July and August to help support children's reading, and in return you'll have fun, make friends and gain valuable skills.

If you think you might be interested, come along to one of these informal sessions to find out more and try your hand at some practical skills for a taste of what the summer has to offer.

Visit the library or the library website to book your place.

★ **FREE** ★

020 8496 3000

www.summervolunteering.eventbrite.co.uk

www.wflibraries.eventbrite.com



Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough Every Day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for young people aged 11 to 19

NATIONAL YOUNG WRITERS' AWARD: WRITING WORKSHOP

8 TO 13 YEARS

Friday 11th April 2014

Hale End Library 2.30pm to 3.30pm

Monday 14th April 2014

North Chingford Libray 4pm to 5pm

Hale End Library

Castle Avenue

Highams Park

E4 9QD

North Chingford Library

The Green

Chingford

E4 7EN

Come along to this workshop to hone your creative writing skills, develop your descriptive writing techniques, get tips and tricks from experienced tutors and start writing an entry to submit for the National Young Writers' Award.

The National Young Writers' Award is a competition designed to inspire children to write creatively and to reward talented young authors across the UK. First prize wins a family trip to Disneyland Paris and £500 worth of books for their school.

Workshop delivered in partnership with Explore Learning, Chingford. Visit the library or the library website to book your place.

★ FREE ★

020 8496 3000

www.wflibraries.eventbrite.com

CITYREAD CITYWRITE: THE YOUNG WRITERS

9 TO 13 YEARS

Tuesday 15th April 2014

1pm to 3pm

Leyton Library

High Road

Leyton

E10 5QH

Join Spread the Word and Cityread 2014's Soho Young Writer in Residence for an exciting creative writing workshop for 9 to 13 year olds. You will have the chance to create original work and be guided through a series of fun exercises to get your imagination flowing. There will be a chance to share your work, get some feedback and you'll finish the session with at least one great piece of writing and some new friends!

Visit the library or the library website to book your place.

★ FREE ★

020 8496 3000

www.wflibraries.eventbrite.com



Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough Every Day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for all ages

BARRACUDAS MULTI-ACTIVITY DAY CAMP

4½ TO 16 YEARS

Monday 7th to Thursday 17th April 2014

Woodford County High School

High Road

Woodford Green

Essex

IG8 9LA

A fun filled activity day camp with advisors on site that can be booked in advance for family information, benefits and other services.

From £134 per child per week

Barracudas Activity Day Camps

084 5123 5299

Fun@barracudas.co.uk

www.barracudas.co.uk

MRS H AND THE SINGALONG BAND PRESENT... 'IN THE SHED'

ALL AGES

Saturday 5th April 2014

Leytonstone Library 11am to 12pm

Lea Bridge Library 3pm to 4pm

Tuesday 8th April 2014

Walthamstow Library 11am to 12pm

Leytonstone Library

6 Church Lane

Leytonstone

E11 1HG

Lea Bridge Library

Lea Bridge Road

Leyton

E10 7HU

Walthamstow Library

High Street

Walthamstow

E17 7JN

Join us for this free, fun filled event of music, song, puppets and dance. You can bring the whole family to this good time sing-along; parents and grandparents will enjoy this just as much as the children! Visit the library or our website to book your place.

★ **FREE** ★

020 8496 3000

www.wflibraries.eventbrite.com



EASTER ARTS AND CRACKING CRAFTS

ALL AGES

Saturday 19th April 2014

2pm to 3.30pm

Hale End Library

Castle Avenue

Highams Park

E4 9QD

Higham Hill Library

North Countess Road

Walthamstow

E17 5HS

Lea Bridge Library

Lea Bridge Road

Leyton

E10 7HU

Leyton Library

High Road

Leyton

E10 5QH

Leytonstone Library

6 Church Lane

Leytonstone

E11 1HG

North Chingford

Library

The Green

Chingford

E4 7EN

Walthamstow Library

High Street

Walthamstow

E17 7JN

Wood Street Library

Forest Road

Walthamstow

E17 4AA

Channel your inner Easter Bunny and get creative with spring arts and crafts for families to enjoy. Visit the library or the library website to book your place.

★ **FREE** ★

020 8496 3000

www.wflibraries.eventbrite.com

SUNTRAP SPRING SURPRISE

ALL AGES

Tuesday 8th April 2014

12pm to 3pm

Thursday 10th April 2014

10am to 1pm

Suntrap

Church Road

High Beach

Loughton

IG10 4AJ

Drop in to Suntrap for spring eco-crafts and outdoor activities in Epping Forest. Refreshments available for a small charge.

Family drop-in £1 per activity

020 8508 0611

Suntrap.centre@walthamforest.gov.uk

Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough Every Day, including Half Term:
www.walthamforest.gov.uk/cypd

Activities for all ages

FOREST FAMILIES: MINIBEASTS

5 YEARS AND OVER

All accompanied by an adult

Wednesday 9th April 2014

2pm to 4pm

Epping Forest Field Centre

Paul's Nursery Road

High Beach

Loughton

IG10 4AF

Learn how to look more closely for the creepy crawlies all around us in trees, grasses and under logs and stones. Book now using our website or by telephone.

£6 (5 to 11 year)

£2 (All other ages)

Epping Forest Field Centre

020 8502 8500

www.field-studies-council.org

enquiries.ef@field-studies-council.org

FOREST FAMILIES: ART AND CRAFT

5 YEARS AND OVER

All accompanied by an adult

Thursday 10th April 2014

10am to 12pm

Epping Forest Field Centre

Paul's Nursery Road

High Beach

Loughton

IG10 4AF

Two hours of arty crafty Forest fun! Learn to look at the Forest from a different perspective and create art using natural materials.

Book now using our website or by telephone.

£6 (5 to 11 year)

£2 (All other ages)

Epping Forest Field Centre

020 8502 8500

www.field-studies-council.org

enquiries.ef@field-studies-council.org

FOREST FAMILIES: PLANTS AND TREES

5 YEARS AND OVER

All accompanied by an adult

Tuesday 15th April 2014

12pm to 2pm

Epping Forest Field Centre

Paul's Nursery Road

High Beach

Loughton

IG10 4AF

Discover more about the plants and trees that grow in the Forest. How old are they? What can they tell us? Why are they useful?

Book now using our website or by telephone.

£6 (5 to 11 year)

£2 (All other ages)

Epping Forest Field Centre

020 8502 8500

www.field-studies-council.org

enquiries.ef@field-studies-council.org

FOREST FAMILIES: POND DIPPING

5 YEARS AND OVER

All accompanied by an adult

Wednesday 16th April 2014

10am to 12pm

Epping Forest Field Centre

Paul's Nursery Road

High Beach

Loughton

IG10 4AF

Discover all the amazing animals that live in our ponds. Investigate what lives where, watch how they move and find out what they eat.

Book now using our website or by telephone.

£6 (5 to 11 year)

£2 (All other ages)

Epping Forest Field Centre

020 8502 8500

www.field-studies-council.org

enquiries.ef@field-studies-council.org

FOREST FAMILIES: BAT WALK

5 YEARS AND OVER

All accompanied by an adult

Wednesday 16th April 2014

7pm to 9.30pm

Epping Forest Field Centre

Paul's Nursery Road

High Beach

Loughton

IG10 4AF

Come and learn about the bats we have in the forest, see bat specimens close up in the classroom and have a chance to spot some bats.

Book now using our website or by telephone.

£6 (5 to 11 year)

£2 (All other ages)

Epping Forest Field Centre

020 8502 8500

www.field-studies-council.org

enquiries.ef@field-studies-council.org

PRIVATE PEACEFUL: STORYTELLING PERFORMANCE

7 YEARS AND OVER

Wednesday 9th April 2014

North Chingford Library 11.30am to 12.30pm

Hale End Library 2pm to 3pm

Walthamstow Library 4.30pm to 5.30pm

Thursday 17th April 2014

Leytonstone Library 11.30am to 12.30pm

Leyton Library 2pm to 3pm

Higham Hill Library 4.30pm to 5.30pm

North Chingford
Library

The Green

Chingford

E4 7EN

Leytonstone Library
6 Church Lane

Leytonstone

E11 1HG

Hale End Library
Castle Avenue

Highams Park

E4 9QD

Leyton Library
High Road

Leyton

E10 5QH

Walthamstow Library
High Street

Walthamstow

E17 7JN

Higham Hill Library
North Countess Road

Walthamstow

E17 5HS

John Kirk presents a reinterpretation of award winning author and former children's laureate Michael Morpurgo's acclaimed story, 'Private Peaceful'.

"They've gone now, and I'm alone at last. I have the whole night ahead of me, and I won't waste a single moment of it... I want tonight to be long, as long as my life..."

Join Private Thomas Peaceful as he remembers his life and times, and his part in a war that would change his life forever. This storytelling event is presented to coincide with the commemoration of The Great War and Cityread London 2014 with the permission of Berlin Associates.

Visit the library or our website to book your place.

★ **FREE** ★

020 8496 3000

www.wflibraries.eventbrite.com

Please check the What's On section of the Children and Young People's Directory for events taking place in the Borough Every Day, including Half Term:
www.walthamforest.gov.uk/cypd

WHAT'S ON AT YOUR LOCAL CHILDREN'S CENTRE?

Did you know the Children & Young People's Directory website has a complete and up-to-date list of all children's centre activities taking place this half term as well as throughout the year?

To find out more about other exciting events in your area just visit the Children & Young People's Directory at

WWW.WALTHAMFOREST.GOV.UK/CYPD



Come and join our fun and friendly group for older residents. Each week we have a speaker and a game of bingo. Small donations towards tea, coffee and biscuits are welcome. From 2–3pm we also have a health and well-being group with great tips on healthy eating and blood pressure checks. **For more information phone Tommy Anderson on 07506 733392.**

Community local produce stall

Every Saturday, 10.30am – 3pm

St John's Church, Church Lane, Leytonstone (between the church and Matalan, just off the High Road) A stall selling delicious, locally grown organic fruit and vegetables, and other local produce. A partnership between Organiclea and Transition Leytonstone. **For more information email stall@transitionleytonstone.org.uk or phone 020 8556 3090.**

Waltham Forest Blind Association

Days and times vary

Community Place, 806 High Road, Leyton, E10 6AE
Services for blind and partially sighted people. **For more information phone 020 8556 0355 or email wfba@hotmail.co.uk**

Culture and crafts

Life Drawing in Leytonstone

Mondays, 7.30–9.30pm

The Plough and Harrow, 419 Leytonstone High Rd, E11 3JU

Drop-in drawing session. This is an unconventional drawing class, untutored, sociable and friendly. Art materials and tea provided free of charge. £6 per session. **For more information visit www.meetup.com/Life-Drawing-in-Leytonstone**

Mirror Open Mic Night

Friday 28 March, 7.30pm

Waltham Forest Town Hall Social Club, Forest Road, E17 4JF

This popular event attracts all kinds of performers from around London. The Mirror Team brings a little X Factor to Walthamstow. Performers sign up from 7.30pm. Freshly prepared food served until 8pm. £1 entry for non-members. **For more information email andy@mirror-mic.com or phone 07940 260 558.**

Vintage/Retro and more

Saturday 8 March 2014, 11am–5pm.

Lister Hall, Leytonstone Methodist Church, High Road Leytonstone, E11 3DA.
All things vintage, retro and more available for the individual in you. Entry costs £1 and children go free with a paying adult. Refreshments, music and stallholders both new and experienced. **For more information, or to book a stall, phone Sandra on 07956 221 710.**

Stow Tellers

Second Monday of every month, 7.30–9.30pm

The Welcome Centre, St Mary's Church, 8 Church End, E17 9RJ
Join Stow Tellers – the Walthamstow Storytelling Club – for an evening for stories, myths, legends, folk tales and tall tales, to celebrate and share oral storytelling. Entry costs £3 or £2 for concessions. The 10 March theme is 'Grimm and Bear it' – favourite tales from the Brothers Grimm. Come to listen or tell a story, email ahead or sign up on the night. For adults and young adults, not all stories are suitable for children. **For more information search for Stowtellers at www.facebook.com or email stowtellers@yahoo.co.uk**

Sourdough Bread Making Workshop

Saturdays, 10am–1pm

Learn how to make and bake delicious and healthy sourdough bread. This workshop takes place in my kitchen in Leyton and aims at teaching bread making skills in small groups of three or four people. Workshops costs £30 per person, including a vegetarian lunch. **To book a place email loveforloaf@gmail.com or phone Adi on 07957 115 250.**

Comedy Nights

Thursday 3 April, doors 8.30pm

Ye Olde Rose and Crown, Hoe Street, E17 4SA
Robin Ince and Nick Doody join host Susan Murray. Tickets cost £13. To buy tickets visit www.wegotickets.com/event/253992.

Thursday 30 April, doors 8.30pm

Featuring Shappi Khorsandi and Scot Cappuro. Tickets cost £13. **To buy tickets visit www.wegotickets.com/event/262571.**

Bebop Baby

Sunday 23 March, 1–4pm

Walthamstow Trades Hall, 17 Hoe Street, E17 4SB

Organised by Walthamstow parents who want to have a good time with their kids. Live music and DJs – expect big names! Entry costs £10 for a family of four and individual tickets are £3. **For more information, or to book tickets, visit www.bebop-baby.co.uk or email bebopbabydance@gmail.com**

Banjo classes for adults

Days and times TBC

Studio Office, Quaker Meeting House, 1a Jewel Road, E17 4QU
Weekly five string bluegrass banjo classes for adults from absolute beginners to all levels, with highly experienced professional musician whose work spans over 25 years. Private lessons are also available. **For more information, and to book, phone Dick Smith on 07903 419 691, email info.banjosmith@gmail.com or visit www.banjosmith.co.uk**

Ukulele classes for adults

Wednesdays and Saturdays

Studio Office, Quaker Meeting House,

1a Jewel Road, E17 4QU

Come and learn the ukulele, or brush up your skills with an experienced, professional musician in a fun and relaxed environment.

For more information, and to book, phone Dick Smith on 07903 419 691, email info.banjosmith@gmail.com or visit www.banjosmith.co.uk

Strung Out violin groups for adults

Days and times TBC

Studio Office, Quaker Meeting House, 1a Jewel Road, E17 4QU
Strung Out is a fun violin group for adult enthusiasts of all levels, with a professional musician whose work spans from the West End to Womad. All styles of music welcomed from classical to traditional. Intermediates, easy and early stages/beginners welcome. Evening classes are limited, so please phone in advance to reserve a place. Private lessons are also available. **For more information phone Alison Jones on 07740 622 428, email strungout@shapeshifter-productions.com or visit www.shapeshifter-productions.com**

Conversational Chinese for Adults

Mondays or Wednesdays, 6.30–8.30pm

Suite 12 Gateland Business Centre, 210 Church Road, E10 7JG
This is an intensive course designed for learners who have just started to learn Mandarin Chinese. This course aims to improve the ability of the learner to use Chinese for communication. **For more information phone Mr Jianhui Cai on 07412 485 813 or email crossculturebilingualeducation@yahoo.co.uk**

LETS Cultivate Health

Friday 28 March, 2–4pm

The Hornbeam Cafe, 458 Hoe Street, E17 9AH

A skill share session around growing herbs for food and medicine in your kitchen and garden as part of Cultivate – Waltham Forest's urban food growing festival. With LETS, the local trading scheme where goods and services are exchanged without money. LETS members can trade seeds, plants and gardening services for Beams. **For more information visit www.wflets.org or phone Rasheeqa on 07784 506 494.**

Jewellery Making Taster

Saturday 12 April, 10–11am

124 Farnan Avenue, E17 4NH
Join us for some fun, friendship, time out and to learn a new skill. Try one of our monthly Taster Workshops for £10 and make a beautiful pendant or pair of earrings. Classes are small (maximum five people) and friendly, booking is essential. **For more information please phone Birgit on 07910 251 629 or visit www.beyondbeading.co.uk**

Word Down Walthamstow

Saturday 22 March, 7.30pm

Red Room, Ye Olde Rose and Crown, 53–55 Hoe Street, E17

Featuring host comic poet Neal Zetter, hilarious stand up star Sarah Mills, spoken word/comedy crossover magic from Ken Rich and Nick Card plus a wacky musical set from Sebastian Handley. Open mics must arrive at 7.15pm to sign-up or message WdW's Facebook page. Full bar. Tickets £5 (all acts free) on the night or in advance. **For more information, or to buy tickets, phone 020 8509 3880.**

Children and young people

Laugh Out Loud

Saturday 22 March, 12–3pm

TSP Youth Space, 245 Wood Street, E17 3NT
The Soul Project Youth Space presents an afternoon of comedy for 8 to 14 year olds and their parents. Local comedians are ready to tickle your funny bone. Other live performances, as well as Soul 2 Dance – Street Dance competition finals. Plus stalls from Youth Activities Providers. **For more information visit www.tspyouthspace.co.uk or phone 020 8045 4523.**

Children's Tennis Coaching

Saturdays

E4 Tennis Club, British Legion Road, E4 6DP
Tennis coaching for children aged two and over. Costs from £2.75 per week. All coaches are licensed or registered, have CRB certificates and hold First Aid qualifications. **For more information, or to book, please phone Jess 07786 646 378 or email abatandaball@hotmail.co.uk**

E17 Junior Guitar Club

Saturdays, times vary

Hornbeam Centre, 458 Hoe Street, E17 9AH
Guitar playing fun for children of all abilities. Ages 7 and upwards. Pay £8 for a taster session, then £48 for a half-term of six lessons 30 minutes each. **For more**

information phone Christian Karlsson on 07958 471 083, email chris@stunningmusic.com or visit www.stunningmusic.com

Community Ward Forums

Leytonstone

Wednesday 2 April, 7–9pm

St Johns Church Leytonstone, E11 1HH

For more information on Community Ward Forums visit www.walthamforest.gov.uk/community-ward-forums

Council Meetings

Tuesday 18 March

Cabinet, 5pm

Wednesday 19 March

Finance Scrutiny Committee

Tuesday 25 March

Health and Well-being Board

Wednesday 26 March

Children and Young People Scrutiny Committee

Tuesday 1 April

Planning Committee, 7pm

Wednesday 2 April

Housing Scrutiny Committee
Audit and Governance Committee

Thursday 3 April

Environment Scrutiny Committee

All meetings are held at Waltham Forest Town Hall and start at 7.30pm unless stated otherwise.

Tell us what's on

Email your event details to:

walthamforestnews@walthamforest.gov.uk

Free internet access is available at all libraries in the borough.

The deadline for 21 April edition is Friday 4 April

Please note inclusion cannot be guaranteed, due to the high volume of requests received.

YES you



Tins, cans
and trays



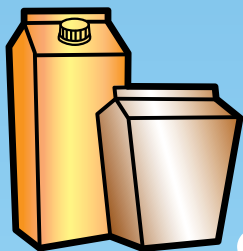
Mixed glass



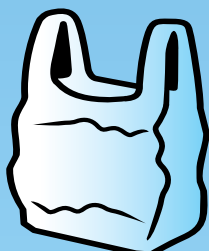
Mixed plastics



Paper and card



Cartons



Plastic bags



As so much of your waste is recyclable, your green bin is your main bin. Use your main kitchen bin to store your recyclable waste, and a smaller container for everything else.

- You'll probably find your green bin fills up the fastest. Why not flatten or squash cardboard boxes, plastic bottles and cans to save space?
- Items we regularly throw away are made from paper and cardboard. Everything from free newspapers, junk mail, and wrapping paper to catalogues can all be recycled.
- It's not just cans – most metal items go in your green bin. Empty aerosols, foil trays, food tins, foil wrapping and metal lids are all recyclable.
- Don't forget the small stuff. Yoghurt pots, plastic packaging and even toilet roll tubes and plastic bottle tops all go in your green bin, along with any glass items.
- Plastic bags can be recycled. Take advantage of this by re-using carrier bags to store recycling. Then simply tie them up and drop into your green bin.

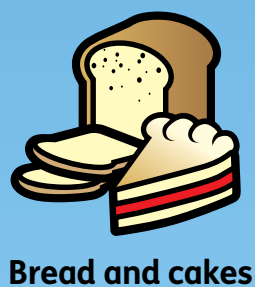
“Don't just throw it away. You can recycle most of your household waste – your green bin is your main bin.”



 **recycle**
for Waltham Forest

can

The less food we waste, the better. But there are always going to be food items that we'll never eat, like egg shells, fruit and vegetable peelings, banana skins and tea bags. Use your kitchen caddy to collect these, then empty this into your larger brown bin.



- For easy access, find a convenient place for your kitchen caddy to 'live', like under the sink or on your worktop. Cool, dark spaces tend to work best.
- Add compostable kitchen caddy liners to your shopping list; pick them up when you buy your regular bin bags. The more food waste in your caddy, the less space it takes up in your black bin – saving you money in the long term.
- After meals, empty unwanted leftovers or plate scrapings straight into your caddy before you do the washing up.
- Pop tea bags or coffee granules straight into your caddy after each time you make a drink.
- Keep your kitchen caddy clean by rinsing it out regularly, and try to keep the lid closed when not in use.
- When gardening or mowing the lawn, bring your brown bin into your garden to easily empty any leaves or grass cuttings directly into it. Cut flowers past their best can go in, too.

“Don't waste it, use your kitchen caddy to collect food waste then empty into your brown bin.”

To order your kitchen caddy,
or for more information on recycling
phone 020 8496 3000 or
visit www.walthamforest.gov.uk/recycling



WE'RE PROUD OF YOU

In Waltham Forest we are committed to providing all our children and young people with a world class education which enables them to move on to a good university or the career of their choice.

Last year 57 per cent of our GCSE pupils achieved at least five A* to C grades including English and Maths - a four per cent increase since 2012 and a faster rate of improvement than recorded nationally.

In December our primary school pupils achieved their best ever results in the SATs (Standard Assessment Tests) in reading, writing and maths and 79 per cent of our students passed at least three A Levels.

The borough's high quality sixth forms and colleges offer an array of qualifications and subjects so that every student can excel in their chosen field and pursue their dreams.

We are proud of all our young people and here we highlight more shining stars.

Results are from 2013



Sophie, Year 6

Active **Year 6 Sophie** divides her time between school studies and developing her talents in sports and performing arts.

Sophie was the top scoring trampolinist representing Waltham Forest in the London Youth Games last year, is a member of the E17 Gymnastics Club and a Grade 2 ballet and tap dancer with a list of awards and medals to her name.

"Science is my favourite subject at school because we do lots of really fun experiments, like making a rocket from a plastic bottle and getting it to shoot up into the air."

Sophie's teachers have commented on how well she keeps up with her school work; attaining well and contributing to all areas of school life.



www.walthamforest.gov.uk/proud

Waltham Forest



Brandon, Year 12

Determination to succeed in his ambitions has seen **Year 12 Brandon** make great achievements at school.

After passing his GCSE exams, Brandon mastered a range of carpentry tools and is studying for a BTEC in Construction.

Brandon's teachers support him as he works hard to improve his skills all-round.

"I am pleased that I have been able to pass my GCSE exams and can continue to study. It means that I will have a better chance of having a career I enjoy in the future.

"I like construction and one day I would like to own my own construction company. School has been brilliant and my teachers have helped me out a lot. "



Shanika, Year 13

Balancing being a carer for her younger brother, a member of her school choir, and the Sixth Form Debating Club is a challenge in itself, but **Year 13 Shanika** has also passed nine GCSEs at A*-B grade and is successfully studying Chemistry, Economics and Psychology at A Level.

Shanika is a school prefect who also devotes time to running a lunchtime dance club and Anime club. Last year Shanika represented her school at the Citizenship Foundation Bar Mock Trial Competition at Snaresbrook Crown Court. How does she do it all?

Her teachers are impressed at the way she always finds time to participate in a range of extra-curricular activities despite her home commitments.

"I'm hoping to go to Coventry University to study clinical psychology. I chose to get into clinical psychology because a lot of people in my life have mental illnesses and disabilities and so I have experience and want to be able to help them. After my degree I might do a PhD in Psychology."



Gian, Year 8

Achievement is the name of the game for **Year 8 Gian**. Gian's dedication to his studies has earned him a list of certificates for his fantastic progress in Maths, English and Science and for the contribution he makes to the school community as a whole.

No stranger to the stage, Gian has enviable experience and a list of awards with merits and distinctions for his music and drama performances.

"School is fun. I like English and music, but drama is my favourite subject. We learn improvisation and drama techniques and we can be really creative.

"In year seven I won the cup for making the most progress in all my subjects.

"The teachers and staff are approachable and there is a nice friendly atmosphere at my school."

The Athena Academy

A New Primary School for Leyton



REAch2, a trust set up by Hillyfield Primary Academy to help other schools become outstanding, is proposing to open a new primary school in Leyton. The school will open in 2015 and be called The Athena Academy. It will have three forms of entry (3FE) and a nursery.

The local authority is predicting a shortage of school places in the area by 2015, unless a new primary school is provided. Our proposal is intended to meet this need.

No site has been identified yet, but the greatest area of need is round Leyton Orient, so we will be looking for a site as near to there as possible.

We will be submitting a formal application to the Department for Education at the beginning of May.

We are holding a series of consultation meetings over the coming weeks and are inviting local residents, community groups and parents of children who may attend the school to come and meet us to find out more about this exciting proposal. We would also like to hear your opinions and views.

The meetings will be held at two venues:

- The Long Room, Leyton Youth Centre, Crawley Road, E10 6RJ
- Hall B, SCORE Centre, 100 Oliver Road, E10 5JY

Date	Time	Venue
19th March	6.00pm – 8.00pm	Leyton Youth Centre
20th March	10.00am – 12 noon	Leyton Youth Centre
20th March	2.00pm – 4.00pm	Leyton Youth Centre
21st March	10.00am – 12 noon	SCORE Centre
21st March	2.00pm – 4.00pm	SCORE Centre
2nd April	10.00am – 12 noon	Leyton Youth Centre
2nd April	2.00pm – 4.00pm	Leyton Youth Centre
23rd April	10.00am – 12 noon	SCORE Centre
23rd April	2.00pm – 4.00pm	SCORE Centre

Please arrive at the beginning of the sessions if you can.

Please feel free to email comments and queries to us at:

athena@reach2.org

For further information and to register your interest, please visit our web page:

<http://reach2.org/development-and-consultations>

HOW CAN I FIND OUT MORE?

Meet the Business, Employment and Skills team

Come and meet our staff and get advice about qualifications, apprenticeships, job vacancies, setting up your own business, support for existing businesses and much more.

Tuesday 1 April 2014, 10am–3pm
Leytonstone Learning Link
23-25 North Birkbeck Road, Leytonstone E11 4JF

Interested in apprenticeships?

To enrol on our apprenticeship scheme, attend an induction session:

Monday 17 March 2014, 10.30am
(induction sessions can last up to three hours.)
Leyton Neighbourhood Learning Centre
3 The Square, High Road Leyton, Leyton E10 5NR

To find out more about apprenticeships in the borough, come along to an information session:

Thursday 3 April 2014, 1pm–3pm and 5pm–8pm
Saturday 26 April 2014, 10am–3pm
Queens Road Learning Centre
97 Queens Road, Walthamstow E17 8QR

Business forum meetings

If you are a local business and want to join your nearest business forum, please phone the Business, Employment and Skills team on 020 8496 3000 or email business.support@walthamforest.gov.uk

Visit our Pop-Up Shop on Hoe Street

Hoe Street Central 3 Central Parade, 137 Hoe Street E17 4RT
We've already seen our space transformed into a yoga studio, book shop and cafe – why not stop by to discover another new local business?

Visit our new Job Bus

Our Job Bus is coming to your local community venue soon.

Touring the borough, it will offer job support and advice on skills and training to help you on the road to employment. Talk to our qualified advisors, and use our computers to improve your CV and look into the many opportunities on offer. • 20 computer stations with wi-fi • Tailored support from qualified advisors • Walk-in service, no booking necessary • Free of charge • Number of locations across the borough

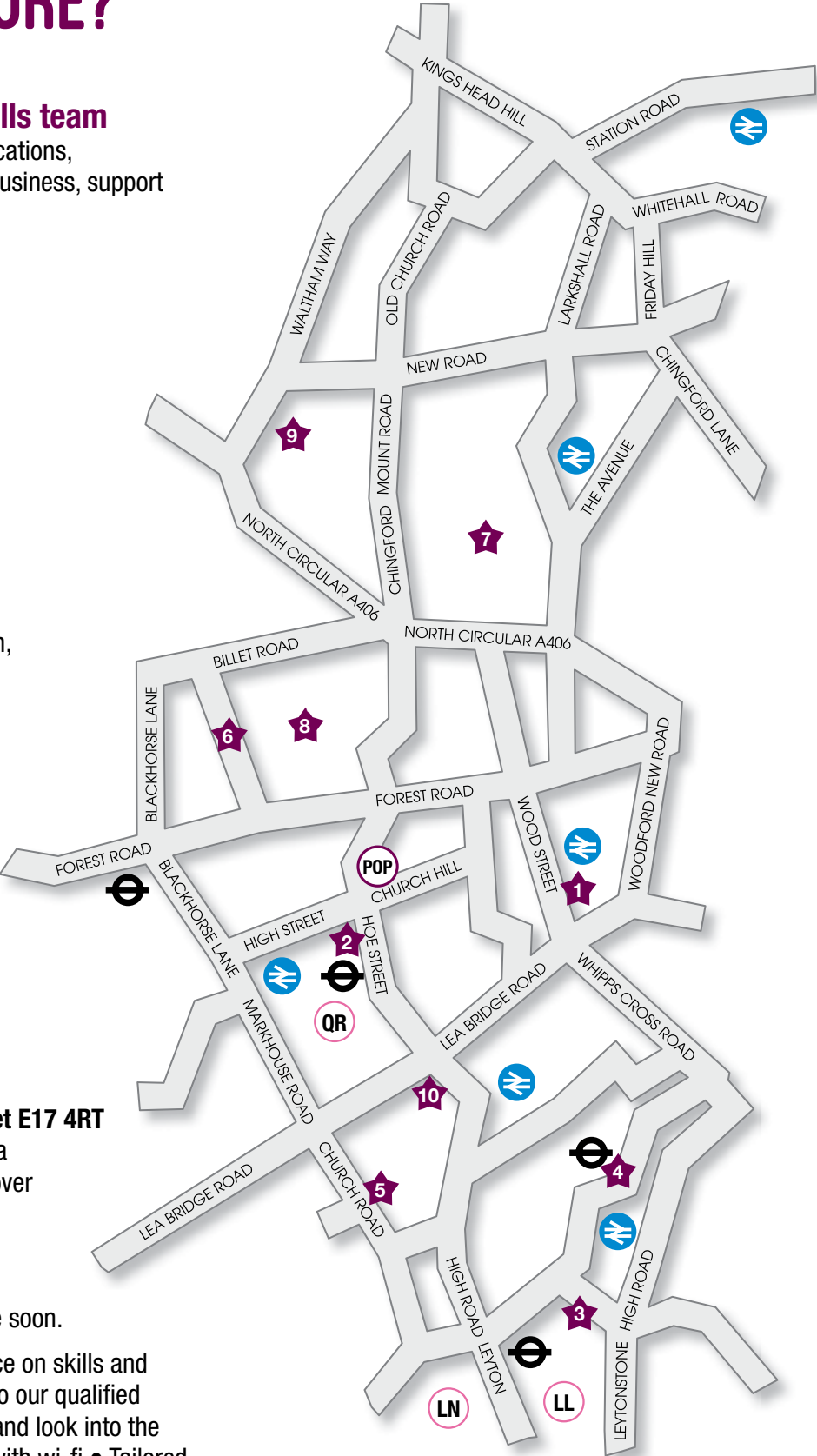
The bus will be around the borough three days a week from March to November. See below for the schedule for March and visit our website for more information. So make your next step onto the Jobs Bus!

The Bus will be in the area 10.00am-3.30pm	
April 14 Mon	Leytonstone High Road, near Cathall Road
April 16 Wed	Leytonstone High Road, Town Centre
April 18 Fri	Leyton Grange Estate, Leyton
April 21 Mon	Walthamstow Town Square
April 23 Wed	Chingford Hall Estate, Chingford
April 25 Fri	10am-12.30pm: Higham Hill Road 1pm-3.30pm: Priory Court Estate, Walthamstow

The Bus will be in the area 10.00am-3.30pm	
April 28 Mon	Leytonstone High Road, near Cathall Road
April 30 Wed	Marlowe Road Estate, Wood Street
May 02 Fri	Beaumont Estate, Leyton
May 05 Mon	Walthamstow Town Square
May 07 Wed	Aldriche Way Estate, Highams Park
May 09 Fri	10am-12.30pm: Higham Hill Road 1pm-3.30pm: Priory Court Estate, Walthamstow

Get In Touch!
Twitter @WFJobs_Bus
Facebook: Waltham Forest Jobs Bus
Or search 'Jobs Bus' on www.walthamforest.gov.uk

MAP KEY



- EVENT VENUE**
LL **Leytonstone Learning Link**
23-25 North Birkbeck Road,
Leytonstone, E11 4JF
Tel: 020 8496 1061
- EVENT VENUE**
LN **Leyton Neighbourhood Learning Centre**
3 The Square,
High Road Leyton,
Leyton, E10 5NR
Tel: 020 8496 1131
- EVENT VENUE**
QR **Queens Road Learning Centre**
97 Queens Road
Walthamstow, E17 8QR
Tel: 020 8496 2974
- POP-UP SHOP**
POP **3 Central Parade,**
137 Hoe Street, E17 4RT
- JOB BUS POINTS**
1 **Marlowe Road Estate**
Wood Street
2 **Walthamstow Town Square**
near Walthamstow Library,
High Street
3 **Leytonstone High Road**
near Cathall Road
4 **Leytonstone High Road**
Town Centre
5 **Leyton Grange Estate**
Leyton
6 **Higham Hill Road**
7 **Aldridge Way Estate**
Highams Park
8 **Priory Court Estate**
Walthamstow
9 **Chingford Hall Estate**
Chingford
10 **Beaumont Estate**
Leyton




For more information, visit www.walthamforest.gov.uk/bes or phone 020 8496 3000

London Borough of Waltham


Cann Hall



Tunde Davies



Liz Phillips



Nicholas Russell

Chapel End



Paul Douglas



Kieran Falconer



Abu Samih

Endlebury



Matt Davis



Peter Herrington



Roy Berg

Grove Green



Khayn Limbajee



Anna Mbachu



Chris Robbins

Hatch Lane



Laurie Braham



Marion Fitzgerald



Geoff Walker

Cathall



Naheed Asghar



Shameem Highfield JP



Terry Wheeler

Chingford Green



Thom Goddard



Andy Hemsted



Michael Lewis

Forest



Gerry Lyons



Shabana Dhedhi



Farooq Qureshi

Hale End & Highams Park



Paul Braham




Sheree Rackham



Darshan Sungar


High Street



Liaquat Ali MBE JP



Clare Coghill




Mahmood Hussain

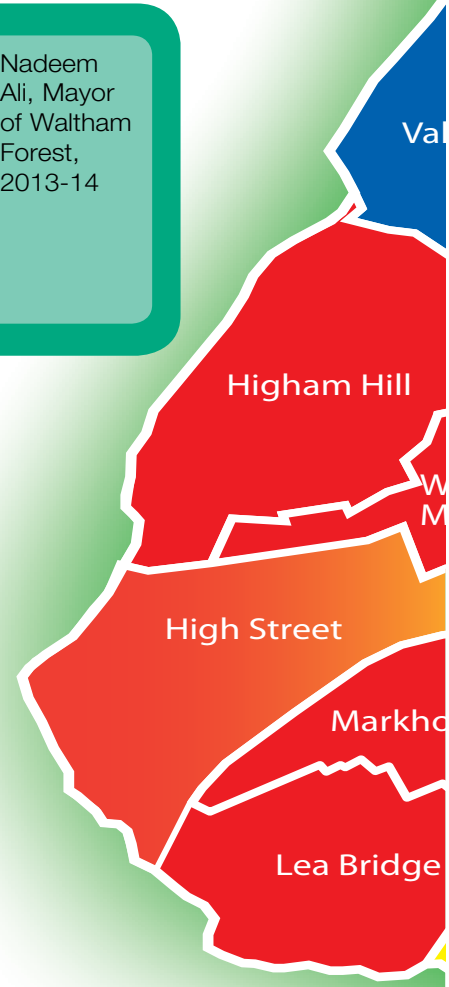
Your Co



Chris Robbins, Leader of the Council



Nadeem Ali, Mayor of Waltham Forest, 2013-14



Labour

Conservative

The Ca



Chris Robbins
Leader of the Council



Clare Coghill
Cabinet Member for Children and Young People



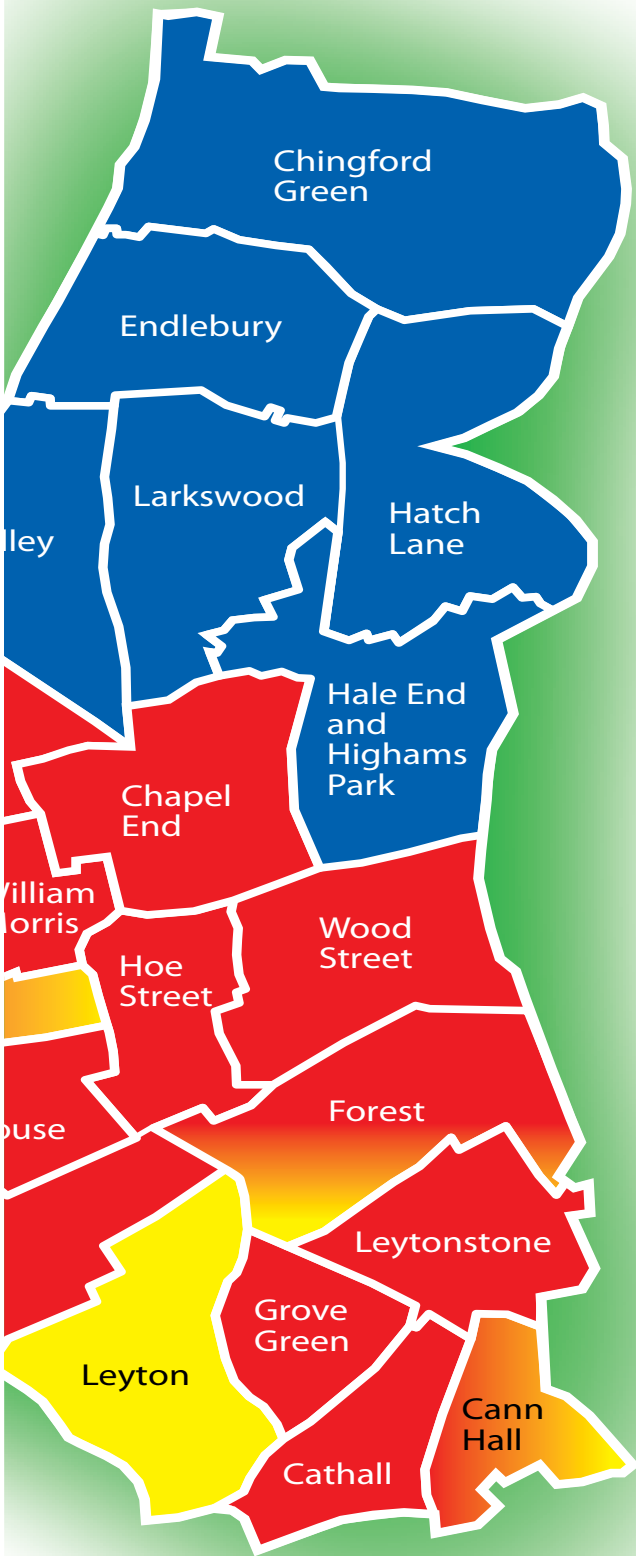
Clyde Loakes
Deputy Leader and Cabinet Member for Environment



Ahsan Khan
Cabinet Member for Health and Wellbeing



councillors



Liberal Democrat

Lab/Lib

abinet

Angie Bean
Cabinet
Member for Adult
Services



**Mark
Rusling**
Cabinet
Member for
Economic
Development,
Corporate
Resources and
Employment



**Liaquat
Ali MBE, JP**
Cabinet
Member for
Community
Safety and
Cohesion



**Marie
Pye**
Cabinet
Member
for Housing



Waltham Forest

Higham Hill



Karen
Bellamy



Haroon
Khan



Vacant
seat

Hoe Street



Ahsan
Khan



Saima
Mahmud



Mark
Rusling

Larkwood



Nick
Buckmaster



Bernadette
Mill



John Moss

Lea Bridge



Masood
Ahmad



Afzal
Akram



Elisabeth
Davies

Leyton



Naheed
Qureshi



Winnie
Smith



Bob
Sullivan

Leytonstone



Jenny
Gray



Clyde
Loakes



Marie
Pye

Markhouse



Mohammad
Asghar



Asim
Mahmood



Ebony
Vincent

Valley



Jemma
Hemsted



Alan
Siggers



Laurance
Wedderburn

William Morris



Nadeem
Ali



Raja
Anwar



Geraldine
Reardon

Wood Street



Peter
Barnett



Angie
Bean



Richard
Sweden



healthwatch
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Waltham Forest

Highways

LONDON BOROUGH OF WALTHAM FOREST

CASHLESS PARKING OPERATION OFF-STREET CAR PARKS

The Waltham Forest (Off-Street Parking Places) (Amendment No. 4) Traffic Order 2014

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest on **11th March 2014** made the above-mentioned Order under sections 35 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.

2. The general effect of the Order will be to introduce cashless payments for parking, via telephone and electronic methods, into the following car parks:

- (a) Bedford Rd E17
- (b) Brandon Rd E17
- (c) Church Lane E11
- (d) Hall Lane E4
- (e) High Street E17
- (f) Linford Rd E17
- (g) Mission Grove E17
- (h) Richmond Rd E4,
- (i) South Grove E17
- (j) Stanley Rd E10

N.B. Payments via cash will also still be available.

3. Copies of the Order, which will come into operation on **17th March 2014** and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.

4. Any person desiring to question the validity of any of the Order or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Order may, within six weeks of the making of the Order, make application for the purpose to the High Court.

Dated 17th March 2014

Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS.

LONDON BOROUGH OF WALTHAM FOREST

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)

THE WALTHAM FOREST (ST ANDREWS ROAD E17) (TEMPORARY PROHIBITION OF TRAFFIC AND RESTRICTION ON WAITING AND LOADING) (NO. 1) ORDER 2014 – TT12

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 11th March 2014 it made an Order to enable Thames Water to carry out drainage works in a safe and efficient manner in St Andrews Road, the general effect of which would be, only at such

times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) and restrict waiting and loading by vehicles (except works vehicles) in this road.

2. Whilst the works are being carried out, no person shall cause or permit any vehicle to enter, proceed, wait or load for any purpose at any time in **St Andrews Road E17** – between its junction with Blackhorse Lane and the south-western kerb-line of Sutherland Road E17.

3. Whilst the prohibitions referred to in paragraph 2 above remain in force, alternative routes for traffic would be via Blackhorse Lane, Billet Road, Higham Hill Road, St Andrews Road; also via Blackhorse Lane, Blackhorse Road, St. James Street. South Grove, Selborne Road, Hoe Street. Chingford Road, Billet Road, Blackhorse Lane, as directed by traffic signs.

4. Vehicles waiting or loading in disregard of this Order would be removed.

5. The restrictions mentioned above would not apply in relation to any vehicle being used:

- (a) in connection with the said works; or
- (b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.

6. The Order will come into operation on **24th March 2014** and would be valid for a maximum period of 6 months or until the works are completed, whichever is the sooner.

Dated 17th March 2014

Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)

THE WALTHAM FOREST (VARIOUS ROADS) (STRUCTURAL PROGRAMME) (TEMPORARY PROHIBITION OF TRAFFIC AND RESTRICTION ON WAITING AND LOADING) (NO. 3) ORDER 2014 – TT13

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 13th March 2014 it made an Order to enable carriageway maintenance works to be carried out in a safe and efficient manner in certain roads, the general effect of which would be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) and restrict waiting and loading by vehicles (except works vehicles) from these roads.

2. Whilst the works are being carried out no person shall cause or permit any vehicle to enter, proceed, wait or load for any purpose, at any time, in the following roads:

- Ainsle Wood Road E4
- Blackhorse Lane E17 (Goldsmith Avenue to Riverhead Close)
- Blenheim Road E17
- Brookscroft Road E17
- Cecil Road E11
- Church Hill Road E17
- Connaught Avenue E4 (The Drive to Station Road)
- Dunton Road E10
- Edward Road E17 (Courtenay Road to Hawarden Road)

- Essex Road E17
- Essex Road South E10
- Falmer Road E17
- Grange Park Road E10 (Park Road to Church Road)
- Guernsey Road E11
- King Edward Road E17
- Kitchener Road E17
- Morland Road E17
- Mount Echo Avenue E4
- Mount View Road E4
- Parkhill Road E4
- Pembar Avenue E17 (Blenheim Road to Tavistock Avenue)
- Poplars Road E17
- Russets Close E4
- Sansom Road E11
- Sedgwick Road E10
- Selwyn Avenue E4 (Haldan Road to Winchester Road)
- Sinnott Road E17
- Sunset Avenue E4
- Tavistock Avenue E4
- Third Avenue E17

3. No person shall cause or permit any vehicle to enter, proceed, wait or load for any purpose, at any time, within 10 metres of the junction of any road adjoining the roads or sections of roads contained in paragraph 2 above.

4. Whilst the prohibitions referred to in paragraph 2 above remain in force, alternative routes for traffic would be indicated by traffic signs.

5. Vehicles waiting or loading in disregard of this Order would be removed.

6. The restrictions mentioned above would not apply in relation to any vehicle being used -

- (a) in connection with the said works; or
- (b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.

7. The Order will come into operation on **17th March 2014** and would be valid for a maximum period of 12 months or until the works are completed, whichever is the sooner.

NOTE: These works would not be carried out simultaneously in all roads but in a sequence as directed by the Council.

Leaflets would be distributed and signage placed in advance of any works in the above mentioned roads which would give more specific details on the exact dates of the prohibitions, effects of any temporary traffic management and diversion routes as necessary.

Dated 17th March 2014

Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)

THE WALTHAM FOREST (PALMERSTON ROAD BRIDGE) (VARIOUS TEMPORARY MEASURES) ORDER 2014 – TT14

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 11th March 2014 it made an Order to (1) protect and reconstruct a bridge and (2) carry out carriageway and footway works in certain sections of **Palmerston Road**, the general effect of which will be, only at such times and to such extent as regulatory signs are displayed, to maintain vehicle width and

weight restrictions in certain sections of Palmerston Road, continue to prohibit vehicles (except works vehicles) from entering Somers Road at its junction with Palmerston Road, restrict waiting and loading by vehicles (except works vehicles) in Somers Road, Hatherley Road, Mansfield Road E17, Erskine Road and Palmerston Road (between Forest Road E17 and High Street E17), continue to suspend a one-way traffic operation in a section of Somers Road and continue to suspend a banned turn prohibition for vehicles from Forest Road E17 into Hoe Street.

2. Whilst the Order is in operation:-

- (a) no person shall cause or permit any vehicle with a width exceeding 2 metres or a weight exceeding 3 tonnes to enter those sections of **Palmerston Road** that lie between a point opposite the common boundary of Nos. 16 and 18 Palmerston Road and a point opposite the common boundary of Nos. 36 and 38 Palmerston Road (northbound and southbound);
- (b) cause or permit any vehicle to enter, proceed, wait or load at any time for any purpose in that length of **Palmerston Road** which lies between the south-eastern kerb-line of Mansfield Road and the north-western kerb-line of Mission Grove;
- (c) no person shall cause or permit any vehicle to enter, wait or load in that section of **Somers Road** that lies between a point:

- i. on the north-west side, between the north-eastern kerb-line of Palmerston Road and a point 18 metres north-east of that kerb-line; and
 - ii. on the south-east side, between the north-eastern kerb-line of Palmerston Road and a point 23.5 metres north-east of that kerb-line;
- (d) no person shall cause or permit any vehicle to wait or load for any purpose, at any time, in:-

- i. **Somers Road**, both sides, between Erskine Road and Palmerston Road;
- ii. **Hatherley Road**, both sides, between Hoe Street E17 and Erskine Road;
- iii. **Erskine Road**, both sides, between the north-western kerb-line of Hatherley Road E17 and the south-eastern kerb-line of Somers Road E17;
- iv. **Mansfield Road E17**, between the north-eastern kerb-line of Palmerston Road and a point 10 metres north-east of that kerb-line;
- v. **Palmerston Road**, both sides between its junction with Forest Road E17 and High Street E17;

- (e) the one way traffic operation for vehicles in **Somers Road** shall be suspended;
- (f) the right turn banned movement for vehicles from **Forest Road E17** into Hoe Street shall be suspended;
- (g) those sections of parking places in **Palmerston Road, Somers Road, Erskine Road** and **Hatherley Road** that are covered by the definitions set out in paragraphs 2(b), (c) i. and ii, (d) i., ii., and iii. and v. shall be suspended;
- (h) the section of parking place in **Somers Road** that lies on its north-west side between a point 18 metres

north-east of the north-eastern kerb-line of Palmerston Road and a point 12.5 metres north-east of that point shall be suspended, and waiting and loading restrictions introduced at the same location with an exemption for Zone MW Permit Holders during the hours 8 a.m. to 6.30 p.m. on Mondays to Saturdays inclusive; and

(i) the section of parking place in **Somers Road** that lies on its south-west side between a point 23.5 metres north-east of the north-eastern kerb-line of Palmerston Road and a point 15.1 metres north-east of that point shall be suspended, and waiting and loading restrictions introduced at the same location with an exemption whereby vehicles are permitted to wait for a maximum of 30 minutes with no return within two hours between the hours of 7 a.m. and 7 p.m. on Mondays to Saturdays inclusive, and that any vehicle waiting and displaying a European Disabled Parking Badge (or Blue Badge) is also permitted to wait for a maximum of 30 minutes with no return within two hours between the hours of 7 am and 7pm on Mondays to Saturdays inclusive.

NOTE: These works would not be carried out simultaneously in all roads but in a sequence as directed by the Council. Leaflets would be distributed and signage placed in advance of any works in the above mentioned roads which would give more specific details on the exact dates of the prohibitions, effects of any temporary traffic management and diversion routes as necessary.

3. Vehicular access to properties affected by these works will be maintained wherever possible, subject to the extent and operation of the closures.

4. Vehicles waiting or loading in disregard of this Order would be removed.

5. The prohibition in paragraph 2(b) above shall not apply to a pedal cycle between the north-western kerb-line of Mission Grove and a point 7 metres north-west of the northern common boundary of No. 22 Palmerston Road.

6. Whilst the prohibitions referred to in paragraph 2 above remain in force, advance warning signage and alternative routes for traffic shall be in place.

7. The Order will come into operation on **17th March 2014** and will be valid for a maximum period of 18 Months.

Dated 17th March 2014

Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)

THE WALTHAM FOREST (SUTHERLAND ROAD) (TEMPORARY RESTRICTION ON WAITING) (NO. 1) ORDER 2014 – TT15

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 11th March 2014 it made an Order to enable site access and deliveries to a development site to be carried out in a safe and efficient manner in Sutherland Road, the general effect of which would be, only at such times and to such extent as regulatory signs are displayed, to restrict waiting by vehicles (except works

26 Public notices

vehicles) in this road.

2. Whilst the works are being carried out, no person shall cause or permit any vehicle to wait for any purpose at any time in Sutherland Road, the east side between its junction with Stirling Path and a point 35 metres south-east of that said junction.

3. Vehicles waiting in disregard of this Order would be removed.

4. The restrictions mentioned above would not apply in relation to any vehicle being used:

(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.

5. The Order will come into operation on **17th March 2014** and would be valid for a maximum period of 18 months or until the works are completed, whichever is the sooner.

Dated 17th March 2014

Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1) THE WALTHAM FOREST (LEYTON HIGH ROAD PRINCIPAL ROAD RENEWAL) (TEMPORARY PROHIBITION OF TRAFFIC, RESTRICTION ON WAITING AND LOADING AND SUSPENSION OF ONE-WAY WORKING) (NO. 1) ORDER 2014 – TT18

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that it intends to make an Order to enable construction works to be carried out in a safe and efficient manner in Leyton High Road E10, the general effect of which would be, only at such times and to such extent as regulatory signs are displayed, to prohibit traffic (except works vehicles), restrict waiting and loading by vehicles (except works vehicles) and temporarily suspend one-way working in adjoining roads.

2. Whilst the works are being carried out, no person shall cause or permit any vehicle to enter, proceed, wait or load for any purpose, at any time, in **Leyton High Road E10** between the party wall of Nos. 119 and 121 Leyton High Road and a point opposite the party wall of Nos. 6 and 8 Goodall Road E10.

N.B. These works would not be carried out simultaneously in Leyton High Road but in a sequence as directed by the Council.

3. Whilst this notice continues in operation the one way working in **Frith Road, Millais Road** and **Leslie Road** as prescribed by The Waltham Forest (Prescribed Routes) (No. 6) Traffic Order 2005 are suspended only during such time works are being carried out in Leyton High Road.

4. Vehicular access to properties affected by these works will be maintained wherever possible, subject to the extent and operation of the closure.

5. Whilst the prohibitions referred to in paragraph 2 above remain in force, alternative routes for traffic would be indicated by traffic signs.

6. Vehicles waiting or loading in disregard of this Order would be removed.

7. The restrictions mentioned above would not apply in relation to any vehicle being used:

(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.

8. The Order would come into operation on **31rd March 2014** and would be valid for a maximum period of 7 days or until the works are completed, whichever is the sooner.

Dated 17th March 2014

Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST PERMANENT MAKING OF EXPERIMENTAL PROVISIONS The Waltham Forest (Waiting and Loading Restriction) (Amendment No. 42) Traffic Order 2014 The Waltham Forest (Free Parking Places) (Short Stay) (Amendment No. 13) Order 2014 The Waltham Forest (Prohibition of Stopping outside Schools) (Amendment No. 1) Traffic Order 2014 The Waltham Forest (Waiting and Loading Restriction) (Amendment No. 43) Traffic Order 2014 The Waltham Forest (Free Loading Places) (Amendment No. 7) Traffic Order 2014 – T8

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest (the Council) **on 11th March 2014** made the above Orders under sections 6 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.

2. The general effect of the Orders will be to continue indefinitely:-

(a) the provisions of The Waltham Forest (Waiting and Loading Restriction) (Amendment Nos. 24 and 26) Experimental Traffic Orders 2012 so that waiting restrictions operate “at any time” in certain sections of **Vincent Road**, near Joseph Clarke School and its cul-de-sac; and “at any time” and between 8 a.m. and 6.30 p.m. Mondays to Saturdays in **Hickman Avenue E4** and **Jubilee Avenue E4**;

(b) the provisions of The Waltham Forest (Free Loading Places) (Amendment No. 7) Experimental Traffic Order 2012 to provide a loading bay in **Vincent Road** operating Mondays to Fridays between 8.30 a.m. and 9.30 a.m. and 2.30 p.m. and 4.30 p.m.;

(c) the provisions of The Waltham Forest (Prohibition of Stopping Outside Schools) (Amendment No. 3) Experimental Traffic Order 2012 to provide school keep clear markings in **Vincent Road** operating Mondays to Fridays between 8 a.m. and 4 p.m.; and

(d) the provisions of The Waltham Forest (Free Parking Places) (Short Stay) (Amendment No. 13) Experimental Traffic Order 2012 to provide free short stay parking bays in certain sections of **Hickman Avenue** operating “at any time”, with a maximum stay time of 30 minutes and with no return within 2 hours.

3. Copies of the Orders, which will come

into operation on **17th March 2014** and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.

4. Any person desiring to question the validity of any of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

Dated 17th March 2014

Mr. K. Valavan

Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

Notices

LONDON BOROUGH OF WALTHAM FOREST Dog Control Orders (2013) Amendment 2014

In pursuance of S.55 of The Clean Neighbourhoods and Environment Act 2005 (Part 6 Chapter 1) and The Dog Control Orders (Prescribed Offences and Penalties, etc) Regulations 2006 (SI 2006/1059) The London Borough of Waltham Forest (the Authority) proposes to make the following amendments to the Dog Control Orders (2013)

1. The Dogs Exclusion Order (2013) (Amendment) Order 2014

It is proposed to amend **The Dogs Exclusion Order 2013** order as follows;
In the Schedule:

the sentence ‘Wingfield Park, Grosvenor road E17 – Children’s Play Areas’ **is amended to** ‘Wingfield Park, Grosvenor road E17 – Whole Site’;

the sentence ‘Sidmouth Park, Sidmouth Road E10 – Whole site’

is amended to ‘Sidmouth Park, Sidmouth Road E10 – Children’s Play Areas”
so that the Schedule shall read:
SCHEDULE

All children’s playgrounds, play areas, sports courts and multi-use games areas in all parks and open spaces within Waltham Forest. All marked sports pitches when organised games are taking place in all parks and open spaces within Waltham Forest.’

- Abbots Park, Abbots Park Road, E10 – Putting Green, Children’s Playground and Tennis Courts
- Acacia Road Playground, Acacia Road, E11 – Whole site
- Arnett Square Playground, Chingford Hall Estate, E4 – Whole site
- Artesian Gardens Playground off Cathall Road, E11 – Whole site
- Bellamy Road Memorial Garden, Bellamy Road, E4 Whole site
- Bisterne Avenue Park, Bisterne Avenue,

- E17 Children’s Play Areas
- Blades & Salisbury Hall Playing Fields, Salisbury Hall, Walthamstow Ave, Chingford Rd, E4 Whole site
- Bridge Road Playground, Bridge Road, E10 Whole site
- Britannia Playing Fields, Billet Road, E17 Whole site
- Broadfields Playing Fields, Walthamstow Avenue, E17 Whole site
- Cann Hall Park, Cann Hall Road, E11 Children’s Playground
- Chase Lane Park, York Road, E4 Children’s Playground
- Church Lane Playground, Church Lane, E11 Whole site
- Coppermill Park, Coppermill Lane, E17 Whole site
- Dames Road Playground, Dames Road, E7 Whole site
- Drapers Playing Fields, High Road, E15 Whole site
- Drysdale Park, Drysdale Avenue, E4 Whole site
- Dyers Hall Playground, Dyers Hall Road, E11 Whole site
- Epicentre Playground, off Cathall Road, E11 Whole site
- Friendship Gardens, Lea Bridge Road, E10 Whole site
- George White Sports Ground, Billet Road, E17 Whole site
- Gunsite Playing Fields, Walthamstow, E17 Whole site
- Harrow Road Playground, Harrow Road, E11 Whole site
- Henry Reynolds Gardens, Bush Road, E11 Children’s Playground
- Higham Hill Recreation Ground, Sutton Road, E17 Playground, Tennis Courts and Bowling Green
- Jubilee Sports Ground, The Avenue, Highams Park, E4 Whole site
- Keatley Green, Chingford Hall Estate, E4 Whole site
- Kitchener Road Park, Kitchener Road, E17 Fenced off sports area & Children’s play area
- Langthorne Park, Birch Grove, E11 Children’s Play Areas
- Leyton Manor Park, Capworth Street, E10 Children’s Play Areas
- Lloyd Park, Forest Road, E17 Tennis Courts, Bowling Green and Children’s Playground
- Low Hall Sports Ground, South Access Road, E17 Synthetic pitch
- Marlowe Road Recreation Ground, Marlowe Road, E17 Children’s Playground
- Memorial Park, Chingford Road, E4 Playground, Tennis Courts and Bowling Green
- Parmiters and Cavendish Sports Grounds, Nelson Road, E4 Whole site
- Pimp Hall Park, Simmons Lane, E4 Children’s Play Areas
- Queens Road Playground, Queens Road, E17 Whole site
- Ridgeway Park, The Ridgeway, Old Church Road, E4 Children’s Playground, Tennis Courts and Putting Green
- Rolls Sports Ground, Hickman Avenue, E4 Whole site
- Seymour Road Playground, Seymour Road, E10 Whole site
- Sidmouth Park, Sidmouth Road, E10 Children’s Play Areas
- Skeltons Lane Park, off Leyton High Road, E10 Whole site

- St. Egberts Playing Fields, Sewardstone Road, E4 Whole site
- St. James Park, Essex Road, E17 – Children’s Playground
- Stoneydown Park and Gardens, Longfield Road, E17 Children’s Play Areas
- The Highams Park, Keynsham Avenue, Woodford Green, Essex Children’s Play Areas
- Thomas Gamuel Park, off Boundary Road, E17 – Playground and Park (South End only)
- Town Centre Gardens, Selbourne Road, E17 – Play Area
- Tyne Acre Playing Fields, Billet Road, E17 Whole site
- Vestry Road Playground, Vestry Road, E17 Whole site
- Vincent Road Playground, Vincent Road, E4 Children’s Play Areas
- Walnut Road Playground, Walnut Road, E10 Whole site
- Wingfield Park, Grosvenor Road, E17 Whole site

2. The Dogs on Leads (2013)

(Amendment) Order 2014

it is proposed to amend **The Dogs on Leads 2013** order as follows;

In the Schedule:

after the sentence ‘Ridgeway Park, The Ridgeway, Old Church Road, E4

the following is added ‘Sidmouth Park, Sidmouth Road, E10’ save for Children’s Play Areas which are subject to The Dogs Exclusion Order (2013) (Amendment) Order 2014

so that the Schedule shall read:

SCHEDULE

All highways, roads, footways, footpaths, alleyways, grass verges public burial sites, public cemeteries and all public car-parks operated or managed by the Council within the London Borough of Waltham Forest;

- Abbots Park, Abbots Park Road, E10
- Bisterne Avenue Park, Bisterne Avenue, E17
- Cann Hall Park, Cann Hall Road, E11
- Cathall Green, Cathall Road, E11
- Coronation Gardens, Oliver Road, E10
- Good Memorial Gardens, Chingford Mount Road, E4
- Harrow Green, High Road Leytonstone, E11
- Henry Reynolds Gardens, Bush Road, E11
- Higham Hill Recreation Ground E17 (except designated dog exercise area)
- Jubilee Gardens, High Road Leytonstone, E11
- Leyton Manor Park, Capworth Street, E10
- Lloyd Park Forest Road, E17 (except designated dog exercise area)
- Mansfield Park, Mansfield Hill, E4 (except designated dog exercise area)
- Marlowe Road Recreation, Marlowe Road, E17
- Memorial Park, Chingford Road, E4
- Pimp Hall Park, Simmons Lane, E4
- Ridgeway Park, The Ridgeway, Old Church Road, E4
- Sidmouth Park, Sidmouth Road, E10 save for Children’s Play Areas which are subject to The Dogs Exclusion Order (2013) (Amendment) order 2014
- St. James Park, Essex Road, E17
- Skeltons Lane Park, off Leyton High Road, E10

- Stoneydown Park and Gardens, Longfield Road, E17
 - Town Centre Gardens, Selbourne Road, E17
 - Town Hall Gardens, Forest Road, E17
- If you wish to make any comments on the above proposals you should do so by 17.00 on Monday 14th April 2014.
You can do this by; Email to; mandy.thompson@walthamforest.gov.uk
In writing to; Mandy Thompson, Environmental Health Manager, Room 101 Sycamore House, Town Hall Site, Forest Road, E17 4JF

Council Tax

LONDON BOROUGH OF WALTHAM FOREST Notice of Setting of Amount of Council Tax

The Council of the London Borough of Waltham Forest as the billing authority for the said borough, GIVES NOTICE, that on 6 March 2014 and in accordance with section 30 (2) of the Local Government Finance Act 1992 it set out an amount of £1,451.21 as the Council Tax for its area which is applicable to dwellings listed in Band D for the chargeable financial year beginning 1 April 2014.
In accordance with section 5 of the Local

Government Finance Act 1992 the amount of Council Tax payable in respect of dwellings situated in the borough and listed in different valuation bands is calculated as below:

Band	Range of Value	Council Tax
A	Up to £40,000	£967.47
B	£ 40,001 – £ 52,000	£1,128.72
C	£ 52,001 – £ 68,000	£1,289.96
D	£ 68,001 – £ 88,000	£1,451.21
E	£ 88,001 – £120,000	£1,773.70
F	£120,001 – £160,000	£2,096.19
G	£160,001 – £320,000	£2,418.68
H	£320,001 and above	£2,902.42

Information about ways to pay Council Tax can be found on the Council's web site www.walthamforest.gov.uk/counciltax

Planning

**LONDON BOROUGH OF WALTHAM FOREST
TOWN & COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (ENGLAND)
ORDER 2010 – NOTICE UNDER ARTICLE 13**
NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council

for which additional publicity is required.

APPL.NO	2014/0385
APPLICANT	Uptime Properties Limited
ADDRESS	Police Station 215 Francis Road Leyton E10 6NJ
PROPOSAL	Conversion of, former Police station building into 20 self-contained flats (12x1 bed, 5x2 bed, 3x3 bed).

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. – 5.00p.m. Monday to Friday.
Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.
Dated this day 17 March 2014
David Scourfield – Head of Development Management On Behalf of London Borough of Waltham Forest

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Dropping a cigarette butt is not tolerated in Waltham Forest, it's lazy and pointless, so find a bin and get rid of it.



www.walthamforest.gov.uk/dontmess





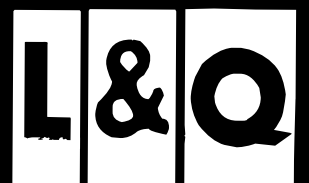
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